



Fifth Annual *Emergency Preparedness* *Satellite Seminar*

September 13 & 14, 2000



Sponsored by USDA, FEMA, and DoD

Fifth Annual *Emergency Preparedness Satellite Seminar*
Sponsored by USDA/APHIS, FEMA, & DoD
September 13 & 14, 2000

Wednesday, September 13, 2000
10:30 a.m. - 12:00 noon & 2:00 - 4:30 p.m. (EDT)

Thursday, September 14, 2000
10:30 a.m. - 12:00 noon & 1:00 - 3:00 p.m. (EDT)

AGENDA

Wednesday, September 13, 2000

10:30 a.m.

Welcome

Colonel Bill Inskeep, Chairman, Department of Veterinary Pathology, Armed Forces Institute of Pathology

Overview of the Seminar

Dr. Paula Cowen, Staff Veterinarian, USDA, APHIS, VS

West Nile Virus (WNV) Discovery

Dr. Tracey McNamara, Head, Department of Pathology, Wildlife Conservation Society, Bronx Zoo

Vesicular Disease Case Study

Dr. Sherrilyn Wainwright, Area Epidemiology Officer, USDA, APHIS, VS

12:00 p.m. - 2:00 p.m.

Lunch and Local Exercise around Case Study

Case Study Debriefing

Dr. Sherrilyn Wainwright

Veterinary Services Assists Bosnia-Herzegovina to Rebuild an Infrastructure

Dr. Sherrilyn Wainwright

West Nile Virus in Horses: The Early Response Team is Activated

Dr. Barry Meade, Area Epidemiology Officer, USDA, APHIS, VS

West Nile Virus in the DoD Lab

Major Tom Larsen, Chief, Experimental Pathology Department, US Army Medical Research Institute of Infectious Diseases

Equine West Nile Virus Investigation Protocol

Dr. Randy Crom, Staff Veterinarian, USDA, APHIS, VS

Wednesday, September 13, 2000 - Continued

West Nile Virus: Dialogue between DoD, Bronx Zoo, and USDA

Dr. Randy Crom

Major Tom Larsen

Dr. Tracey McNamara

Short Break

4:05p.m. - 4:30 p.m. **Question & Answer Session**

Thursday, September 14, 2000

10:30 a.m.

Welcome Back

Dr. David Franz, Vice President, Chemical and Biological Defense Division, Southern Research Institute

Risk Communication

Dr. Robin Koons, Epidemiologist and Independent Consultant

Biosecurity Measures When the Military Comes Home

Captain Hugh Bailey, Environmental Science Officer, First Special Forces Group

Panama Canal Shutdown or Screwworms Dujour

Captain Todd Thomas, Commander 94th Medical Detachment (VM)

12:00 noon - 1:00 p.m.

Lunch Break

Agriculture Bioterrorism

Dr. David Franz

Agriculture Counterterrorism

Dr. David Huxsoll, Chief, Plum Island Animal Disease Center, USDA, ARS

Integrating Veterinary & Public Health Surveillance: Montana Case Study

Dr. Marc Mattix, Staff Pathologist, Montana State Diagnostic Laboratory

Short Break

2:30 p.m. - 3:00 p.m. **Question & Answer Session**

West Nile Virus Discovery

Dr. Tracey McNamara

Pathology of Fatal West Nile Virus Infections in Native and Exotic Birds during the 1999 Outbreak in New York City, New York

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T. L. CLIPPINGER, T. LARSEN, J. SMITH, R. S. LANCIOTTI,
N. A. PANELLA, AND T. S. MCNAMARA

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Departments of Pathology (MJL, RMM, TSM) and Clinical Sciences (PPC, BLR, TLC),
Wildlife Conservation Society, Bronx, NY; and

Arbovirus Diseases Branch, Division of Vector-borne Infectious Diseases,
National Center for Infectious Diseases, Centers for Disease Control and Prevention,
Fort Collins, CO (NK, RSL, NAP)

Abstract. West Nile fever caused fatal disease in humans, horses, and birds in the northeastern United States during 1999. We studied birds from two wildlife facilities in New York City, New York, that died or were euthanatized and were suspected to have West Nile virus infections. Using standard histologic and ultrastructural methods, virus isolation, immunohistochemistry, in situ hybridization and reverse-transcriptase polymerase chain reaction, we identified West Nile virus as the cause of clinical disease, severe pathologic changes, and death in 27 birds representing eight orders and 14 species. Virus was detected in 23/26 brains (88%), 24/25 hearts (96%), 15/18 spleens (83%), 14/20 livers (70%), 20/20 kidneys (100%), 10/13 adrenals (77%), 13/14 intestines (93%), 10/12 pancreata (83%), 5/12 lungs (42%), and 4/8 ovaries (50%) by one or more methods. Cellular targets included neurons and glial cells in the brain, spinal cord, and peripheral ganglia; myocardial fibers; macrophages and blood monocytes; renal tubular epithelium; adrenal cortical cells; pancreatic acinar cells and islet cells; intestinal crypt epithelium; oocytes; and fibroblasts and smooth muscle cells. Purkinje cells were especially targeted, except in crows and magpies. Gross hemorrhage of the brain, splenomegaly, meningoencephalitis, and myocarditis were the most prominent lesions. Immunohistochemistry was an efficient and reliable method for identifying infected cases, but the polyclonal antibody cross-reacted with St. Louis encephalitis virus and other flaviviruses. In contrast, the in situ hybridization probe pWNV-E (WN-USAMRIID99) reacted only with West Nile virus. These methods should aid diagnosticians faced with the emergence of West Nile virus in the United States.

Key words: Arbovirus; avian; immunohistochemistry; in situ hybridization; meningoencephalitis; myocarditis; RT-PCR; virus isolation; West Nile virus.

During the late summer and early fall of 1999, an outbreak of viral encephalitis occurred in the northeastern United States, with most cases occurring in and around New York City, New York. The outbreak resulted in fatal neurologic disease in humans and a variety of native and exotic birds,^{3–5} as well as some horses.¹⁷ The incidence of disease was particularly high among crows. Initially, the human cases were attributed to St. Louis encephalitis (SLE) virus,³ a mosquito-borne flavivirus that is endemic to the United States. SLE virus typically does not cause clinical disease in birds. Later, West Nile virus (WNV), a related flavivirus never before identified in the western hemisphere, was shown to be the cause of disease in several

birds that died following neurologic illness.^{5,12} WNV was subsequently identified as the cause of infection in both the human⁵ and equine¹⁷ cases as well. Phylogenetic analysis of the virus associated with the US outbreak, WN-New York 1999, demonstrated it is closely related to a strain of WNV isolated from a sick goose in Israel in 1998.¹² Confirmed human and equine cases of WNV infection have been limited to the state of New York; however, infected birds and mosquitoes were also identified in Connecticut and New Jersey during the height of the outbreak.^{1,5} The possible recurrence and spread of WNV in the United States represents a serious potential public health concern.

WNV is a member of the Japanese encephalitis vi-

rus antigenic complex of arthropod-borne flaviviruses. This complex also includes SLE virus, Kunjin virus, and Murray Valley encephalitis virus.^{2,14} WNV, like other members of the Japanese encephalitis complex, typically circulates in nature between *Culex* mosquitoes and reservoir hosts in sylvatic transmission cycles.^{9,10} Humans and horses, considered incidental hosts, become infected during urban transmission cycles.^{9,19,21}

Unique and unexplained aspects of the US outbreak of WNV are that birds from a large variety of species exhibited fatal neurologic disease associated with confirmed WNV infection. WNV has been shown to infect a variety of birds.^{6,8,9,15,20} In one experimental study,²⁴ infected hooded crows (*Corvus corone*) and house sparrows (*Passer domesticus*) developed moderate to high level viremia and died from 3 to 7 days after infection. However, reports of birds showing clinical disease during epizootics are rare.⁹ In this report, we describe the viral tropism and pathological aspects of the WNV outbreak that produced fatal disease in native crows and several exotic bird species in New York City during the late summer and early fall of 1999. The methods used during the course of this study should provide valuable tools for the diagnosis of additional cases of WNV, should they occur.

Materials and Methods

Case histories

Between 10 August 1999 and 23 September 1999, 27 wild or exotic birds (24 birds at the Bronx Zoo/Wildlife Conservation Park, Bronx, NY, and 3 birds at the Queens Wildlife Center, Queens, NY) died or were humanely euthanatized because of severe illness. Eight orders and 14 species of birds were involved. These included eight Passeriformes (five common crows [*Corvus brachyrhynchos*; Nos. 1, 15–18]; one fish crow [*Corvus ossifragus*; No. 2]; two black-billed magpies [*Pica pica*; Nos. 3, 19]); six Ciconiiformes (five Chilean flamingos [*Phoenicopterus chilensis*; Nos. 4, 20–23]; one black-crowned night heron [*Nycticorax nycticorax*; No. 5]); three Pelecaniformes (three guanay cormorants [*Phalacrocorax bougainvillei*; Nos. 7, 8, 26]); two Charadriiformes (laughing gulls [*Larus atricilla*; Nos. 10, 27]); three Anseriformes (two bronze-winged ducks [*Anas specularis*; Nos. 12, 13]; one mallard duck [*Anas platyrhynchos*; No. 11]); three Galliformes (two Himalayan Impeyan pheasants [*Lophophorus impeyanus*; Nos. 9, 24]; one Blyth's tragopan [*Tragopan blythi*; No. 25]); one Falconiformes (northern bald eagle [*Haliaeetus leucocephalus alascanus*; No. 6]); and one Strigiformes (snowy owl [*Nyctea scandiaca*; No. 14]). Captive birds were housed either individually in outdoor cages (eagle and owl), or maintained in flocks on ponds (flamingos, cormorants, and ducks) or aviaries (gulls, pheasants, and magpies). All crows were free-ranging wild birds. All affected birds were native western hemisphere species with the exception of the Galliformes, which are native to the eastern hemisphere; however,

all three Galliformes birds were captive-born in North America and had been in the collection since 1998 (tragopan) and 1995 (pheasants). With the exception of the ducks (aged 6 months or less), all captive birds were considered adult or aged (range, 3 to 34 years).

Postmortem examination and collection of tissue specimens

Complete necropsies were performed on all 27 birds. Tissues were fixed in 10% neutral phosphate buffered formalin (NBF), routinely processed and stained with hematoxylin and eosin for histopathologic examination. Tissues from major organs were also frozen and stored at -86°C . Impression smears of selected tissues were prepared from fresh and thawed tissues and were fixed in NBF for 24 hours. Selected tissues were immersion fixed in 4% paraformaldehyde and 1% glutaraldehyde in 0.1 M Millonig's phosphate buffer (pH 7.4) for electron microscopy.

Virology

Selected tissues from birds were assessed for levels of infectious virus and viral RNA. Virus isolation and quantitation from tissue samples were accomplished by plaque assays in Vero cell monolayers. Briefly, approximately 0.5 cm³ of frozen tissue was homogenized with alum in a Ten Broeck homogenizer containing 2 ml of a buffer composed of M-199 salts, 1% bovine serum albumin (BSA), 0.35 g/liter sodium bicarbonate, 100 U/ml penicillin, 0.1 g/liter streptomycin, and 1 mg/liter Fungizone in 0.05 M Tris, pH 7.6. After clarification, 0.1 ml of the supernatant was added to duplicate monolayers of Vero cells (American Type Culture Collection, Rockville, MD) in a six-well cell culture plate (Costar), incubated 1 hour at 37 C in 5% CO₂, then overlaid with 3 ml 0.5% agarose prepared in M-199 supplemented with 100 U/ml penicillin, 100 mg/liter streptomycin, and 1 mg/liter Fungizone, and returned to the incubator. After 2 days of incubation, an additional 3 ml of agarose overlay, supplemented with 26.6 mg/liter neutral red for viewing of virus plaques was added. Plaques were recorded between days 3 and 5 of incubation. Reverse transcriptase–polymerase chain reaction (RT-PCR) was performed from the same tissue homogenates used to inoculate cells in the virus isolation assays. For RT-PCR testing, total RNA was extracted from the clarified tissue homogenate/supernatant using the Qiagen viral RNA kit (Lanciotti et al., personal communication).

Immunohistochemistry and in situ hybridization

Immunohistochemistry (IHC) was used to identify birds infected with West Nile virus (WNV) and to determine the tissue and cellular tropism of the virus. In situ hybridization was developed and used to confirm the IHC results in selected cases. In a related portion of the study, the specificities of the IHC and in situ methods were analyzed using tissues from animals experimentally infected with known flaviviruses.

Paraffin blocks of bird tissues were sectioned at 5 μm , and the sections were mounted on positively charged glass slides (Superfrost Plus; Fisher, Pittsburgh, PA). All cases were analyzed by IHC for WNV using an immunoperoxi-

dase method (Envision System; DAKO Corporation, Carpinteria, CA), performed according to the manufacturer's instructions. Tissue impression smears were also available from a few bird cases and were also analyzed by IHC. The primary antibody was a rabbit hyperimmune polyclonal antiserum prepared against WNV (provided by Cindy Rossi, USAMRIID). For negative controls, replicate paraffin sections or tissue smears were incubated with nonimmune rabbit serum in place of the primary antibody. Prior to immunostaining, the tissue sections and smears were incubated with proteinase K (DAKO) at room temperature for 6 minutes, followed by peroxidase blocking in 0.03% H_2O_2 at room temperature for 5 minutes. The primary antibody was diluted 1:500. The primary antibody and the peroxidase-conjugated secondary antibody (Envision System reagent) were incubated with the tissue sections at room temperature for 30 minutes each. Color was developed with 3,3'-diaminobenzidine solution containing H_2O_2 at room temperature for 8 minutes. All immunostained samples were counterstained with hematoxylin. Heart sections of infected birds identified early in the course of the study were used as positive controls.

Before the WNV IHC studies, several bird cases were initially immunostained for alphaviruses using a polyclonal antiserum prepared against eastern equine encephalitis virus, Venezuelan equine encephalitis virus, western equine encephalitis virus, and Sindbis virus. Additionally, immunostaining was performed for the flavivirus St. Louis encephalitis (SLE) virus using a rabbit polyclonal antibody against SLE virus (provided by Cindy Rossi, USAMRIID).

The WNV *in situ* hybridization probe, pWNV-E, was constructed by inserting an amplified DNA fragment containing the envelope (E) gene of the WN-USAMRIID99 strain into the TA cloning vector, pCR2.1 (Invitrogen, Carlsbad, CA). This virus was originally isolated in Vero cells from a sick crow collected on the Bronx Zoo grounds.¹² RNA was extracted from an aliquot of the virus stock using TRIzol LS (Gibco-BRL, Gaithersburg, MD) as described by the manufacturer. Briefly, 0.25 ml of virus was combined with 0.75 ml TRIzol LS, mixed well, and incubated at room temperature for 5 minutes. To the mixture, 0.2 ml of chloroform was added, mixed well, and incubated at room temperature for 10 minutes. The aqueous and organic phases were separated by centrifugation at $12,000 \times g$ for 15 minutes at 4 C. RNA was precipitated from the aqueous phase by the addition of 0.5 ml isopropanol and incubation at room temperature for 10 minutes, and was collected by centrifugation. The pellet was washed with 75% ethanol, air dried, and resuspended in 50 μl of nuclease-free water.

The first strand complementary DNA (cDNA) synthesis was performed using the SuperScript preamplification system (Gibco-BRL) and random hexamers for priming. The WNV RNA (5 μl) was combined with 250 ng of random hexamers, heated to 70 C for 10 minutes, and placed on ice for 1 minute. The cDNA synthesis reaction was prepared by adding the remaining reagents to the final concentrations of 20 mM Tris-HCl (pH 8.4), 50 mM KCl, 2.5 mM MgCl_2 , 10 mM dithiothreitol (DTT), and 0.5 mM deoxynucleotide triphosphates (dNTPs), then incubated at room temperature for 5 minutes. To the reaction mix, 200 U of SuperScript II RT

was added and incubated at room temperature for 10 minutes, then transferred to 42 C for an additional 50 minutes. The reaction was terminated by heating to 70 C for 15 minutes.

The E gene was amplified by PCR using the cDNA as a template and primers that annealed to sequences flanking the WNV E gene. The primers used for amplification were WNV811F, 5'-AACACCATGCAGAGAGTTG-3' (bases 811 to 829) and WNV2580R, 5'-TGATGTCTATGGCACCCC-3' (bases 2598 to 2580). The PCR mix consisted of 10 mM Tris-HCl (pH 8.3); 50 mM KCl; 1.5 mM MgCl_2 ; 0.001% (w/v) gelatin; 200 μM dNTPs; 200 nM of each primer; 1.25 units of AmpliTaq DNA polymerase (Perkin Elmer, Norwalk, CT); 1 μl WNV cDNA; and water to a final volume of 50 μl . Thermocycling was performed with 30 cycles of denaturing at 94 C for 30 seconds, annealing at 53 C for 30 seconds, and then extension at 72 C for 1.5 minutes, followed by extension at 72 C for 7 minutes and cooling to 4 C. The resulting 1,769-bp product was gel purified using the GeneClean Spin kit (Bio101, Vista, CA) as described by the manufacturer. The E gene fragment was ligated into the pCR2.1 TA cloning vector and TOP 10F' competent bacterial cells were transformed. An isolated colony was replicated and the plasmid DNA extracted using the Qiafilter Maxiprep system (Qiagen, Chatsworth, CA). The nucleic acid probe was prepared by nick-translating purified DNA to incorporate digoxigenin(DIG)-11-dUTP as described by the manufacturer (Boehringer Mannheim, Indianapolis, IN).

In situ hybridization was performed as previously described.¹¹ Briefly, tissue sections were deparaffinized and rehydrated, then incubated in $2\times$ standard saline citrate (SSC) for 10 minutes at 70 C. Tissues were permeabilized by digestion with 20 $\mu\text{g}/\text{ml}$ proteinase K (Boehringer Mannheim) in Tris-buffered saline at 37 C for 30 minutes in a humid chamber. Slides were rinsed in nuclease-free water and air dried, and the hybridization mixture was added. The hybridization mixture for each slide contained 45% (v/v) deionized formamide, 10% dextran sulphate, $4\times$ SSC, 2 mg/ml BSA, 25 ng of denatured DIG-labeled, nick-translated plasmid probe, and nuclease-free water to a volume of 50 μl . Coverslips were applied to each tissue section, and the slides were incubated overnight at 37 C in a humid chamber.

After hybridization, the slides were washed with $1\times$ SSC and then incubated in Tris-buffered saline with 0.1% BSA and 0.1% Triton X-100. The DIG probe was detected with an alkaline phosphatase-labeled anti-DIG antibody (Boehringer Mannheim) and addition of BCIP (5-bromo-4-chloro-3-indolyl phosphate) as the substrate and NBT (4-nitro blue tetrazolium chloride) as the chromogen. Endogenous alkaline phosphatase activity was blocked by adding 1 mM levamisole (Vector Laboratories, Burlingame, CA) to the enzyme substrate solution. Washing the slides with deionized water stopped color development. The slides were counterstained with nuclear fast red (Vector Laboratories) and dehydrated, and coverslips were applied with Permount.

For specificity testing of the IHC and *in situ* hybridization methods, formalin-fixed, paraffin-embedded tissues infected with WNV or other encephalitic flaviviruses were used. Tissues taken from suckling mice (2–3 days old) inoculated intracranially with WN-USAMRIID99 or St. Louis enceph-

alitis (SLE) virus strains TBH-28 and MSI-7 were tested as representatives of the Japanese encephalitis group (provided by Dr. George Ludwig, USAMRIID). Other flaviviruses of the tick-borne encephalitis (TBE) group were obtained from the pathology archives at USAMRIID. Mouse brains infected with Central European encephalitis virus or Russian spring–summer encephalitis virus were tested, as were monkey brains infected with Langat virus. Mouse brains infected with Venezuelan equine encephalitis virus (Togaviridae, alphavirus genus) were tested as an unrelated negative control.

Electron microscopy

Portions of tissues from several birds which had been immersion-fixed in 10% NBF or 4% paraformaldehyde and 1% glutaraldehyde in 0.1 M Millonig's phosphate buffer (pH 7.4) were processed for transmission electron microscopy according to conventional methods. Briefly, tissues were postfixated in 1% osmium tetroxide, rinsed, treated with 0.5% uranyl acetate in ethanol, dehydrated in ethanol and propylene oxide, and embedded in Poly/Bed 812 resin (Polysciences, Warrington, PA). Ultrathin sections were cut, placed on 200-mesh copper transmission electron microscope grids, stained with uranyl acetate and lead citrate, and examined with a JEOL 1200-EX transmission electron microscope (JEOL, Peabody, MA).

Postembedding immunoelectron microscopy was performed on portions of formalin-fixed cerebrum and cerebellum from a Chilean flamingo (No. 21) and on Vero cells infected with the WN-USAMRIID99 virus.¹² Monolayers of Vero 76 cells (American Type Culture Collection) in 25 cm² flasks were adsorbed with stock virus at a multiplicity of infection of five for 1 hour at 37 C. After adsorption, unbound virus was removed, and 4.5 ml of culture medium (Eagle minimal essential medium plus 10% fetal bovine serum) was added, and flasks were incubated at 37 C for up to 72 hours. Inoculated and control flasks were harvested at 18, 48, and 72 hours. The *in vitro* specimens and the brain samples from the Chilean flamingo were further processed as previously described.⁷ Briefly, ultrathin sections on nickel grids were first floated on drops of 4% normal goat serum in 0.1% BSA plus 0.05% Tween 20 in 0.02 M Tris (BTT), then incubated with either anti-WNV mouse ascitic fluid (provided by Cindy Rossi, USAMRIID) or nonimmune mouse ascitic fluid (diluted 1:1000 in BTT). Finally, the sections were incubated with goat anti-mouse immunoglobulin G conjugated to 10 nm colloidal gold (diluted 1:25 in BTT). Grids were then stained with uranyl acetate and lead citrate and examined with the transmission electron microscope.

Results

Clinical findings

Seventeen of the 27 birds were observed clinically from several hours to 6 days before death or euthanasia. The chief clinical presentation in most birds was neurological with varying degrees of severity. Specific neurologic symptoms consisted of ataxia (3/17), tremors (6/17), abnormal head posture (3/17), circling (1/17), or convulsions (1/17). In one of the flamingos, the

head was held low with the neck held in an S-shaped conformation. The two laughing gulls were unable to hold their heads normally at rest or upon a forced change in posture. One gull had a weak drop-flap response. Several of the flamingos were uncoordinated, with a wobbly gait and a progressive inability to stand; they were easily approached and caught. Two flamingos presented with anisocoria or impaired vision. One cormorant was noted to be swimming in circles shortly before death. Other birds presented with more nonspecific signs including weakness (12/17) or sternal recumbency (10/17).

Gross findings

Birds presented in good (20/27) to fair (7/27) postmortem condition. The body condition of most birds ranged from slightly thin (8/27) to moderately thin (12/27) (Table 1). The calvaria, meninges, brain, heart, spleen, intestine, pancreas, lung, and kidney had gross lesions of varying severity.

Intraosseous calvarial hemorrhage was prominent in 5 crows (Nos. 1, 2, 15, 17, 18), one magpie (No. 19), and one flamingo (No. 22). Hemorrhage was typically located in the supraoccipital region of the skull, but two birds had diffuse calvarial hemorrhage. Meningeal hemorrhage was present in two flamingos (Nos. 20, 21), one cormorant (No. 26) and the bald eagle (No. 6). The bald eagle had diffuse, severe meningeal hemorrhage. In the other birds, subdural hematomas were localized to the area overlying the cerebellum. The meningeal vasculature was engorged in several cases. Cerebral congestion was severe in the mallard (No. 11) and flamingos (Nos. 4, 23), all of which had diffusely dark pink to deep reddish-purple brains. Hemorrhage was present within the neuropil in a flamingo (No. 21; Fig. 1), a cormorant (No. 26), and a mallard (No. 11).

Eleven birds had myocardial lesions. In four cases (bird Nos. 4, 10, 11, 17), the myocardium contained multiple pale foci measuring up to 0.2 to 0.3 cm in diameter. In others (bird Nos. 16, 20–22), large portions of the ventricular walls and interventricular septum had white streaks that produced a mottled to striped appearance (Fig. 2). The hearts of some birds were diffusely pale or had myocardial hemorrhage.

Seventeen birds had splenomegaly, ranging from mild to severe (Fig. 3). Two birds (Nos. 12, 13) had severe mottling and swelling of the spleen consistent with splenitis. Intestinal lesions were present in 18 birds. The most severe of these lesions, characterized by mucosal or luminal hemorrhage, were found in the duodenum (bird Nos. 5, 7, 11, 15, 17, 18) and jejunum (bird Nos. 4, 5, 7, 11, 17). In the jejunum of one flamingo (No. 4), the mucosa was replaced by a diphtheritic membrane (Fig. 4). Smaller foci of hemorrhage were present in the esophageal mucosa, proventriculus,

Table 1. Common lesions in birds infected with West Nile virus.*

Tissue and Lesions	Bird Order								Total (n = 27)
	PASS (n = 8)	PELE (n = 3)	CICO (n = 6)	CHAR (n = 2)	ANSE (n = 3)	GALL (n = 3)	FALC (n = 1)	STRIG (n = 1)	
Calvarium									
Calvarial hemorrhage	6/8		2/6	1/2					9/27
Meningeal hemorrhage	2/8	1/3	1/6				1/1		5/27
Brain									
Congestion	1/8		1/6						2/27
Hemorrhage			1/6		1/3				2/27
Encephalomalacia	1/8								1/27
Heart									
Myocarditis or hemorrhage	2/8	2/3	4/6	1/2		1/3			10/27
Gastrointestinal									
Hemorrhage	5/8	2/3	4/6	1/2		1/3			13/27
Necrosis			1/6						1/27
Spleen									
Splenitis					3/3				3/27
Hemorrhage							1/1		1/27
Splenomegaly	7/8	2/3	2/6		3/3	2/3		1/1	17/27
Pancreas									
Hemorrhage	1/8								1/27
Lung									
Hemorrhage	3/8		2/6			1/3			6/27
Kidney									
Congestion	3/8			2/2	1/3				6/27
Nephritis	3/8	1/3	2/6		2/3	1/3			9/27
Body Condition									
Thin	3/8	2/3	3/6	1/2	2/3			1/1	12/27
Slightly thin	5/8		1/6		1/3	1/3			8/27
Good		1/3	1/6	1/2		1/3			4/27
Obese			1/6			1/3	1/1		3/27
Concurrent Diseases									
Brodifacoum toxicosis	2/8								
Poxvirus infection	1/8								
Gall Stones			1/6						
Atherosclerosis			1/6						
Mycobacteriosis						1/3			
Aspergillosis								1/1	

* PASS = Passeriformes; PELE = Pelecaniformes; CICO = Ciconiiformes; CHAR = Charadriiformes, ANSE = Anseriformes; GALL = Galliformes; FALC = Falconiformes; STRIG = Strigiformes.

proximal ventriculus and cloaca. One crow (No. 1) had focal pancreatic hemorrhage.

Gross lesions were present in the kidneys of 15 birds. Of these, nine had mild to moderate swelling, congestion, accentuation of the lobular pattern, and multifocal, pinpoint white foci consistent with nephritis. The remaining six animals had renal congestion alone. Thirteen birds had pulmonary lesions that ranged from mild to moderate congestion and edema to focal or multifocal hemorrhage.

Histologic findings

Almost all of the birds (25/27) had lesions in the brain. Multifocal, acute hemorrhage was a feature in nine cases. Hemorrhage was most severe in the cerebellar folia (Fig. 5) but was also present in the cerebral hemispheres, thalamus, brain stem, and cervical spinal cord. Ten cases had mild to severe meningitis (Figs. 6, 7). Most meningeal infiltrates were composed predominantly of lymphocytes and plasma cells, although

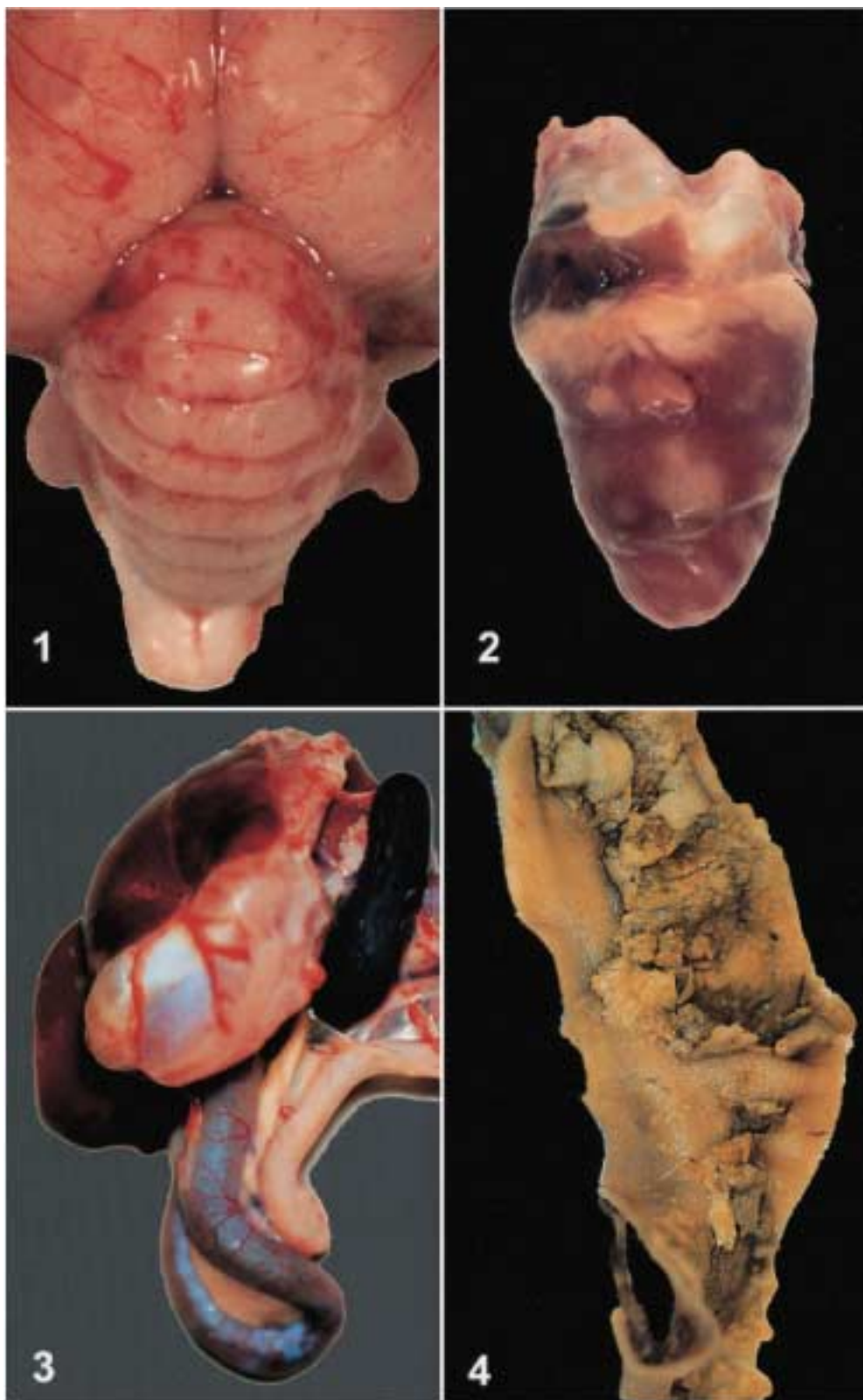


Fig. 1. Brain; Chilean flamingo, bird No. 21. Multifocal hemorrhage is present in the cerebellum and both cerebral hemispheres.

Fig. 2. Heart; Chilean flamingo, bird No. 22. Multiple pale foci represent areas of myocardial necrosis and inflammation.

Fig. 3. Viscera; crow, bird No. 17. The spleen is swollen and the duodenum is hyperemic.

Fig. 4. Intestine; Chilean flamingo, bird No. 4. A diffuse diphtheritic membrane covers the mucosal surface.

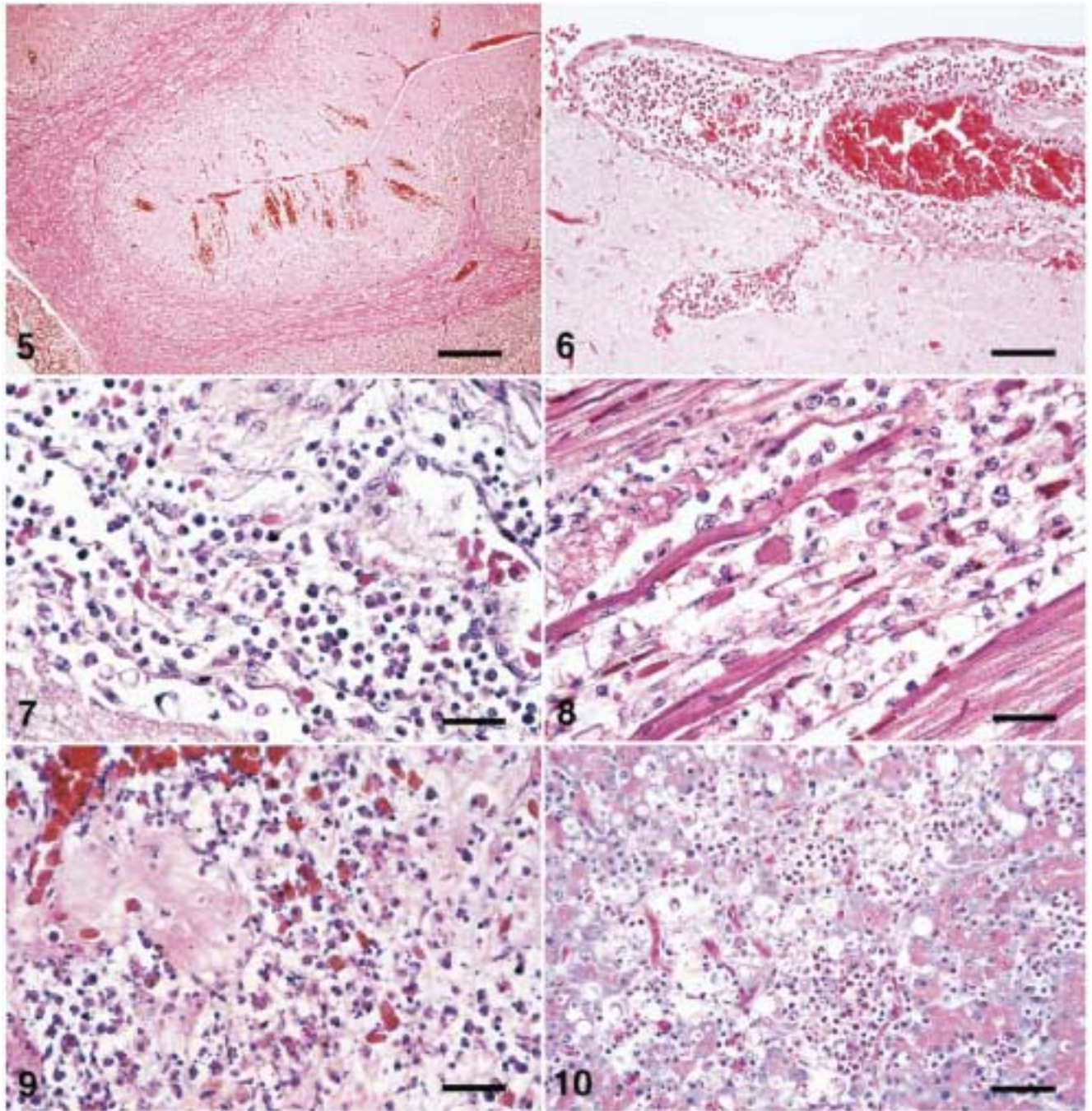


Fig. 5. Cerebellum; Guanay cormorant, bird No. 26. Subgross image demonstrates extensive hemorrhage in the cerebellar folia. HE. Bar = 150 μ m.

Fig. 6. Cerebrum; northern bald eagle, bird No. 6. Inflammatory infiltrates thicken the meninx and form a perivascular cuff in the outer cortex. HE. Bar = 50 μ m.

Fig. 7. Brain; Chilean flamingo, bird No. 21. The thickened meninx is edematous and infiltrated by a mixture of inflammatory cells. HE. Bar = 35 μ m.

Fig. 8. Heart; Chilean flamingo, bird No. 20. The myocardium is necrotic and contains an infiltrate of lymphocytes and macrophages. HE. Bar = 35 μ m.

Fig. 9. Spleen; Guanay cormorant, bird No. 8. Splenic necrosis is extensive, and there is edema and deposition of fibrin. HE. Bar = 50 μ m.

Fig. 10. Pancreas; Chilean flamingo, bird No. 20. The pancreatic acini are necrotic, and a mixed inflammatory infiltrate is present. HE. Bar = 50 μ m.

one cormorant (No. 8) and the eagle (No. 6) had moderate numbers of heterophils admixed as well.

Several birds (Nos. 6, 10, 13, 14, 16, 18, 21, 22, 25, 26) had perivascular cuffing, gliosis, or glial nodules. Perivascular cuffs were composed primarily of lymphocytes and plasma cells and ranged from two to five cell layers in thickness. Mild lesions were limited to the cerebellum and brain stem. In severely affected birds, lesions were present in the cerebrum, thalamus, optic lobe, cerebellum, medulla, and cervical spinal cord. Lesions in the brain were most common in the molecular layer of the cerebellum, whereas those in the spinal cord were usually within the gray matter.

In addition to inflammatory lesions, damage to the Purkinje cells of the cerebellum and neurons of the brain stem and cervical spinal cord was also present. Many birds had degeneration or necrosis of Purkinje cells. Affected cells were shrunken, hyperchromatic, and lacked nuclear detail. Multifocally, there appeared to be dropout of Purkinje cells. Variably sized cytoplasmic vacuoles were seen in the perikaryon of neurons in the eagle (No. 6), cormorant (No. 8), gull (No. 27), crow (No. 17), and tragopan (No. 25).

Myocardial lesions were present in 13/27 birds from 6/8 orders (excluding Strigiformes and Anseriformes). Lesions ranged from subtle to severe and involved all portions of the heart. Most affected birds had moderate to severe inflammatory infiltrates in the myocardium, epicardium, or endocardium. In most cases, lymphocytes, plasma cells, and histiocytes were the predominant cell types involved. Several birds had acute non-inflammatory changes of disseminated myocytolysis (Fig. 8), hemorrhage, and mineralization.

There was some degree of nonspecific chronic lymphoplasmacytic enterocolitis in 22 birds. However, nine birds also had more acute lesions attributed to WNV infection. These consisted of severe dilation and congestion of serosal and mucosal vasculature as well as that of the tunica muscularis. Several birds had moderate to severe infiltrates of heterophils admixed with fewer lymphocytes, plasma cells, and macrophages that markedly expanded the lamina propria. These birds (Nos. 2, 4, 5, 8) also had multifocal dilation and abscessation of crypts. Focal to multifocal acute hemorrhage was present in the proventricular glands of a crow (No. 17) and a duck (No. 12) and in the ventriculus of a flamingo (No. 4).

Severe lymphoid depletion was a prominent feature in the spleens of seven birds. The heron (No. 5) and a cormorant (No. 8; Fig. 9) had necrotizing splenitis with acute coagulative necrosis, fibrin deposition, and hemorrhage. All three ducks (Nos. 11–13) had massive splenic necrosis with vascular thrombosis and infarction. However, in two of these cases (Nos. 12, 13),

bacterial colonies were found in association with the lesions.

Hepatic lesions occurred in 18 birds. Four birds (Nos. 8, 14, 16, 21) had acute multifocal coagulative necrosis of hepatocytes, and several birds had moderate to severe hepatic congestion. Mild to severe, periportal to random, chronic hepatitis was the most common liver lesion. Biliary hyperplasia was present in association with the hepatitis in two cases (Nos. 4, 6). Hemosiderin deposition in Kupffer cells and hepatocytes of varying severity was also a common finding.

Seven birds had pancreatitis (Fig. 10) of varying severity. The inflammatory infiltrates ranged from acute to chronic or chronic-active. In a few cases, the infiltrates focally obscured or effaced normal pancreatic architecture (Nos. 6, 20), or involved occasional islets (No. 7) as well as acinar cells. Pulmonary hemorrhage was present in 12 cases. It was usually multifocal and acute, and within parabronchial lumens.

Seven birds had subacute to chronic inflammation of the adrenal gland, the pericapsular adrenal ganglion, or both. Four of these were crows (Nos. 1, 2, 15, 18). The amount of inflammation was generally mild and invariably associated with the ganglion and adjacent tissue. Cytoplasmic vacuoles were found in a ganglionic cell body in one crow (No. 15). Fifteen birds had lesions in the kidneys. These consisted of mild to moderate, subacute to lymphoplasmacytic, interstitial nephritis. There was little or no involvement of the tubules or glomeruli.

Virology

A variety of tissues from selected cases were assayed for infectious virus particles and WNV RNA (Table 2) with positive results. In particular, kidney and heart consistently produced infectious virus and positive RT-PCR results. In contrast, the liver failed to produce positive results in more than half of the specimens.

Immunohistochemistry and in situ hybridization

The alphavirus immunostains were uniformly negative. Immunostains of tissues from several birds (Nos. 4, 7–10, 15, 17, 20, 21, 26) were positive with the SLE virus antiserum (data not shown). Immunohistochemistry with the WNV antiserum demonstrated viral antigen in many tissues of these and additional birds (Table 2).

The brains of most birds were infected with WNV. Viral antigen was most common in the Purkinje cell and molecular layers of the cerebellum (Fig. 11). Antigen was also commonly present in the brain stem, primarily in neurons, but was scarce in cerebral neurons. Both Purkinje cell bodies and dendrites (Fig. 12)

Table 2. Immunohistochemical and virological analysis for West Nile virus in birds from the New York City outbreak, 1999.*

Case No.	Common Name	Brain	Heart	Spleen	Liver	Kidney	Adrenal	Intestine	Pancreas	Lung	Gonad†	Ancillary Test‡
1	Common crow	0 (+++) [+]	++ (+++) [+]	++++ (+++) —	+++ (+++) [+]	+++ (+++) [+]	+++ — —	++++ — —	+++ — —	— — —	— — —	ISH + kidney, spleen, adrenal
2	Fish crow	++ — —	+++ — —	++ — —	+++ — —	+++ — —	++++ — —	++++ — —	++ — —	+++ — —	— — —	
3	Black-billed magpie	+ — —	++++ — —	++++ — —	++++ — —	++++ — —	++++ — —	+++ — —	++ — —	+++ — —	+++ — —	
4	Chilean flamingo	0 — —	++ — —	++ — —	+++ — —	++ — —	+ — —	+++ — —	++ — —	++ — —	0 — —	
5	Black-crowned night heron	+ — [+]	++ — —	++++ (+++) [+]	+++ (+++) [0]	+++ (+++) [+]	+++ — —	++ (+++) —	++ — —	— — —	+++ — —	
6	Northern bald eagle	++ (++) [0]	++ (+++) [+]	++ — —	0 (+) [+]	++ (++) [+]	+++ — —	— — —	— — —	+++ — —	0 — —	
7	Cormorant	+ (0) [0]	++ (+) [+]	+ (+) [+]	0 (0) [+]	++ (++) [+]	0 — —	+ — —	0 — —	0 — —	— — —	
8	Cormorant	0 — —	++ — —	++++ — —	++ — —	++ — —	++ — —	+++ — —	+ — —	— — —	++ — —	
9	Impeyan pheasant	+++ — —	+++ — —	++++ — —	+++ — —	++++ — —	+++ — —	— — —	+++ — —	0 — —	0 — —	
10	Laughing gull	++ — —	+ — —	0 — —	0 — —	++ — —	0 — —	0 — —	0 — —	0 — —	0 — —	
11	Mallard	++++ (+++) [+]	++++ (+++) [+]	— (+++) [+]	+++ (+++) [+]	++++ (+++) [+]	+ — —	++ — —	+++ — —	— — —	0 — —	
12	Bronze-winged duck	+ — —	++++ — —	++++ — —	— — —	+++ — —	— — —	+++ — —	++++ — —	— — —	— — —	
13	Bronze-winged duck	++ — —	++++ — —	+++ — —	+++ — —	++ — —	++ — —	— — —	— — —	0 — —	— — —	

Table 2. Continued.

Case No.	Common Name	Brain	Heart	Spleen	Liver	Kidney	Adrenal	Intestine	Pancreas	Lung	Gonad†	Ancillary Test‡
14	Snowy owl	++++	+++	—	++++	+++	—	++	++++	+++	++++	
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
15	Common crow	+	++	—	—	—	—	—	—	—	—	ISH + intestine
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
16	Common crow	+	++	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
17	Common crow	++	++++	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
18	Common crow	0	0	—	—	—	—	—	—	—	—	
		(+)	—	(0)	(0)	(++)	—	—	—	—	—	
		[+]	—	[0]	[0]	[+]	—	—	—	—	—	
19	Black-billed magpie	0	+++	+++	+++	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
20	Chilean flamingo	—	++++	—	—	—	—	—	—	—	—	ISH + heart
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
21	Chilean flamingo	++++	—	—	—	—	—	—	—	—	—	EM + brain
		—	—	—	(0)	(++)	—	—	—	—	—	
		[+]	—	—	[0]	[+]	—	—	—	—	—	
22	Flamingo	+++	++	—	—	—	—	—	—	—	—	
		(++)	—	(0)	(0)	(++)	—	(0)	—	—	—	
		[+]	—	—	[0]	[+]	—	—	—	—	—	
23	Flamingo	++++	+	—	—	—	—	—	—	—	—	
		(+++)	(+)	(++)	(0)	(++)	—	(++)	—	—	—	
		[+]	[+]	—	[0]	[+]	—	—	—	—	—	
24	Impeyan pheasant	+	+++	++	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	
25	Blyth's tragopan	0	+++	—	—	—	—	—	—	—	—	
		(++)	—	—	(+)	(+)	—	—	—	—	—	
		[0]	—	—	[+]	[+]	—	—	—	—	—	
26	Guanay cormorant	++++	++	—	—	—	—	—	—	—	—	ISH + brain
		—	—	—	—	—	—	—	—	—	—	
		—	—	—	—	—	—	—	—	—	—	

Table 2. Continued.

Case No.	Common Name	Brain	Heart	Spleen	Liver	Kidney	Adrenal	Intestine	Pancreas	Lung	Gonad†	Ancillary Test‡
27	Laughing gull	++++ (0)	—	—	— (0)	— (+)	—	— (+)	—	—	—	—
		—	—	—	—	—	—	—	—	—	—	—
	Totals	23/26 (88%)	24/25 (96%)	15/18 (83%)	14/20 (70%)	20/20 (100%)	10/13 (77%)	13/14 (93%)	10/12 (83%)	5/12 (42%)	4/9 (44%)	

* Immunohistochemistry results are the top entries for each tissue; a subjective determination of the amount of antigen in each tissue was made; 0 = negative; + (minimal) to ++++ (abundant). Virus isolation results are in parentheses; 0 = negative; + = 1–9 PFU/0.2 ml homogenate; ++ = 10–99 PFU; +++ = 100 or more PFU. RT-PCR results are in brackets; 0 = negative; + = positive. A dash indicates tissue was not assayed by this method.

† Gonad in case 4 was testis; all others listed were ovaries.

‡ Infection confirmed in some cases by in situ hybridization (ISH) or electron microscopy (EM).

were often labeled, but antigen was seldom present in the axons. Basket cells, granule cells, glial cells of the molecular and white matter layers, and occasionally neurons of the cerebellar nuclei also contained antigen. The meninges of a few birds contained antigen, either in fibroblasts or macrophages. Viral infection of the brains of the crows and magpies was limited. When present, viral antigen in these birds was usually in neurons or glial cells of the brainstem, it but was extremely rare in the Purkinje cells.

The spinal cord and the peripheral nervous system also contained WNV antigen. In the spinal cord, antigen was present mainly in the gray matter neurons. In the peripheral nervous system, the myenteric plexus and peripheral ganglia of several birds was immunolabeled. Both peripheral neurons and Schwann cells contained antigen.

Viral antigen was common in the heart and was abundant in the hearts of several birds. Myofibers were usually labeled (Fig. 13). Macrophages in foci of necrosis and inflammation, as well as interstitial fibroblasts, were commonly labeled as well. Smooth muscle in the walls of the gut or occasional blood vessels contained antigen in a few cases.

Tissue macrophages and blood monocytes appeared to be significant targets of the virus. Splenic macrophages (Fig. 14), Kupffer cells, blood monocytes (Fig. 15), and macrophages in various interstitial connective tissues, as well as macrophages in a variety of inflammatory lesions, often contained WNV antigen. Macrophages and blood monocytes were strongly immunolabeled in the tissues of the crows and magpies in particular.

In the intestine, the crypt epithelial cells (Fig. 16) were common targets for WNV infection. Macrophages, fibroblasts, and the myenteric plexus also contained antigen. In the kidney, antigen was present in the epithelium of renal tubules and collecting ducts, in interstitial fibroblasts and macrophages, and in glomeruli. In some birds, WNV antigen in the kidney appeared to predominate in either the renal tubules or the interstitium, whereas in other birds, the pattern of antigen localization was mixed.

The pancreas of several birds contained WNV antigen. Pancreatic acinar cells were usually immunolabeled, along with a few pancreatic islets. In several cases, the majority of antigen in the pancreas was within necrotic foci, so identification of infected cell types was not possible. Epithelial cells lining the air capillaries of the lungs contained antigen in some birds. WNV antigen in the adrenal gland was usually present in cells that contained abundant cytoplasmic vacuoles, indicating they were steroid-producing cells. In the ovary, oocytes, the surrounding follicular cells, thecal cells, and stromal cells variably contained an-

tigen. Although macrophages in the liver and spleen were often heavily laden with WNV antigen, immunolabeled hepatocytes were uncommon, and positive splenic lymphocytes were not evident. We did not specifically identify endothelial cells as a target of infection. However, the extensive antigen present in some tissues and intravascular cells precluded ruling out infection of endothelial cells.

Immunostaining also identified antigen-containing cells in the impression smears from a few birds (data not shown). These included smears of spleen from two crows (Nos. 1, 2) that had positive splenic tissue immunostains, coelomic fluid from a Chilean flamingo (No. 4) with multiple positive tissues, and spleen and liver from a crow and a blue jay, respectively, for which tissue sections were not processed. In all cases, most of the positive cells appeared to be histiocytic. Smears from a few other birds had equivocally positive cells. Four birds (Nos. 9, 12, 13, 24) yielded splenic smears in which no immunolabeled cells were identified, even though the tissue sections of their spleens were positive.

Specificity testing demonstrated that the rabbit antibody to WNV cross-reacted with other flaviviruses (data not shown). Relatively strong immunolabeling was present in various tissues of the suckling mice infected with SLE strains TBH-28 (mouse No. 2) and MSI-7 (mouse No. 3), as well as the mouse infected with WNV (mouse No. 1). The sections of brain from animals infected with TBE viruses had weak to light immunolabeling. The *in situ* hybridization assay was significantly more specific. The pWNV-E probe strongly labeled tissues of the mouse infected with WNV (Fig. 17). It did not label any tissues in the mice infected with the two SLE strains or tissues infected with the TBE viruses or Venezuelan equine encephalitis (VEE) virus. Analysis of selected bird tissues by *in situ* hybridization (Table 2) confirmed the immunostaining results (Fig. 18).

Electron microscopy

Flavivirus-like particles were frequently seen in the cerebrum and cerebellum of a Chilean flamingo (No. 21, Fig. 19) and were infrequently observed in the heart of this bird. The particles measured 35–45 nm in diameter and showed typical flaviviral morphology, that is, a dense core surrounded by a thin, diffuse outer layer. The particles were usually present in cytoplasmic vacuoles in the perikaryon and in neuritic processes. Virions were less frequent in dilated endoplasmic reticulum (rER) of the perikaryon and extracellular spaces in the neuropil. Some virions were present in vacuoles of stromal cells in the connective tissue septa of the heart. In addition to virions, membranous vesicles measuring about 100 nm in diameter were in

dilated rER and vacuoles (Fig. 19). These vesicles were identical to the smooth membrane structures described by other investigators in the rER cisternae of flavivirus-infected cells.^{13,22,23} Nonstructural proteins of Kunjin virus, a WNV subtype,¹² were recently associated with the smooth membrane structures.²³ Aggregates of electron-dense granules associated with dense membrane vesicle structures (MVS) and convoluted membranes (CM), consistent in morphology with flavivirus-induced structures described in Japanese encephalitis virus-infected neurons²² and Kunjin virus-infected Vero cells,²³ were present in the perikaryon of a few neurons. These dense MVS were also infrequently seen in oligodendrocytes of the Impeyan pheasant (No. 9). Features associated with cells containing flavivirus-like particles or flavivirus-induced structures included disorganization of the rER and Golgi apparatus, and marked vesiculation and vacuolation of the cytoplasm. Some sections of brain from the Chilean flamingo exhibited vacuolar breakdown of myelin sheaths. Flavivirus-like particles or intracellular inclusion bodies were not evident in the examined specimens of the other birds.

Postembedding immunoelectron microscopy of cerebrum and cerebellum from the Chilean flamingo showed diffuse gold-sphere labeling of some neuronal processes and intense labeling of amorphous electron-dense material and associated membranes in the perikaryon and neuronal processes. It was impossible to associate the diffuse labeling in the neuronal processes with distinct structures. However, labeling was specific for WNV as many processes in the same section were unlabeled, and no labeling was observed when sections were incubated with nonimmune mouse ascitic fluid. Virions were considerably less intensely labeled than the presumed flaviviral-induced dense MVS and CM. These findings were consistent with immunoelectron microscopy of WNV-infected Vero cells. In the Vero cells, intracellular dense MVS and associated CM were heavily decorated with gold spheres (Fig. 20), whereas labeling of virions was sparse.

Discussion

The sudden emergence of West Nile fever in the northeastern United States in 1999, the first time this disease has ever been seen in the western hemisphere, was a dramatic and unexpected event. That numerous birds succumbed to disease was a surprising characteristic of this outbreak. Although crows and house sparrows die following experimental infection,²⁴ free-ranging birds have not been previously reported to be significantly affected by WNV. In this report, we document that the 1999 WNV outbreak caused disease, severe pathologic changes, and death in a variety of birds. We also show that the virus that caused this

outbreak demonstrated a nonrestricted tropism in affected birds, infecting essentially all major organ systems and a wide variety of individual cell types. Finally, we present diagnostic methods that may be useful to pathologists and others who will play important roles in the public health response should WNV re-emerge in 2000 or subsequent years.

Specific pathologic changes and WNV infection of multiple tissues occurred in one or more birds of eight orders representing 14 species. The virus exhibited tropism for the central and peripheral nervous systems, the myocardium, cells of the mononuclear phagocyte system (MPS), multiple epithelial cell types, fibrous connective tissues, and oocytes. The unprecedented pathogenicity observed in birds during this outbreak is surprising, given that WNV rarely appears to cause avian disease. The reason for this is unclear. Presumably, birds along the eastern seaboard of the United States represented a population with little or no co-evolutionary adaptation to WNV. Perhaps a more likely explanation is that the strain of WNV involved in this outbreak is a recently evolved genetic variant with greater pathogenicity for a variety of birds. This possibility is supported by the recent finding that the New York 99 strain of WNV (WN-NY99) is similar to a strain of WNV isolated from a goose in Israel in 1998 (WN-Israel 1998) that has demonstrated significant pathogenicity for birds.¹² The continued epornitic of WNV in Israel during 1999 due to this novel strain¹⁶ suggests that WNV could continue to infect and cause disease in birds in the United States as well.

The brain was a significant target of infection in many of the birds in this study. In particular, the cerebellum was specifically targeted. Viral antigen was most heavily and consistently present in the cell bodies

and dendrites of Purkinje cells. Gross and histologic lesions were common in the cerebellum of many birds as well, including hemorrhage in the molecular and granular layers, Purkinje cell necrosis and dropout, gliosis, and inflammatory infiltrates. Similar changes also occurred in other portions of the brain but were usually less severe than in the cerebellum. As a group, the crows and magpies did not exhibit the extensive infection of the brain seen in other birds. These birds had relatively limited viral antigen in the brain and relatively mild histologic changes. Interestingly, the virus appeared to spare the cerebellum of the crows and magpies, although limited infection of the brain stem was observed. The reason for the apparent decreased neurovirulence in these closely related corvids is unclear.

The neurologic signs seen in those birds for which clinical signs were recorded appear somewhat inconsistent with our finding that the cerebellum was significantly affected. Since Purkinje cells function to modulate or dampen motor responses, ataxia is a cardinal sign of cerebellar dysfunction. Yet only 3 of 17 birds exhibited ataxia. The most common clinical signs were weakness and recumbency, ones not typical of cerebellar disease. However, since there was abundant virus and often severe lesions in most major organs, signs of cerebellar disease may have been masked by the effects of extraneural infection.

Gross and histologic lesions were seen in many extraneural locations where viral antigen occurred. Although several of the birds had nonspecific lesions in a variety of tissues consistent with their advanced age, lesions considered to be specifically virus-induced were present in the heart, spleen, pancreas, and adrenal glands. Lesions in these tissues were characteristically

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Fig. 11. Cerebellum; laughing gull, bird No. 27. Abundant WNV antigen decorates the Purkinje cell and molecular layers of the cerebellar folia. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 1400 μ m.

Fig. 12. Cerebellum; laughing gull, bird No. 10. WNV antigen is present in the cell body of a Purkinje cell and the arborizing dendrites. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 38 μ m.

Fig. 13. Heart; crow, bird No. 15. Immunolabeling indicates viral infection of the myocardial fibers. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 38 μ m.

Fig. 14. Spleen; cormorant, bird No. 8. Macrophages containing WNV antigen are evenly scattered throughout the spleen. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 50 μ m.

Fig. 15. Kidney; crow, bird No. 1. A renal vessel contains numerous, WNV antigen-laden monocytes. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 60 μ m.

Fig. 16. Intestine; fish crow, bird No. 2. Immunolabeling indicates viral infection of the epithelium of numerous intestinal crypts. Immunoperoxidase labeling, hematoxylin counterstain. Bar = 650 μ m.

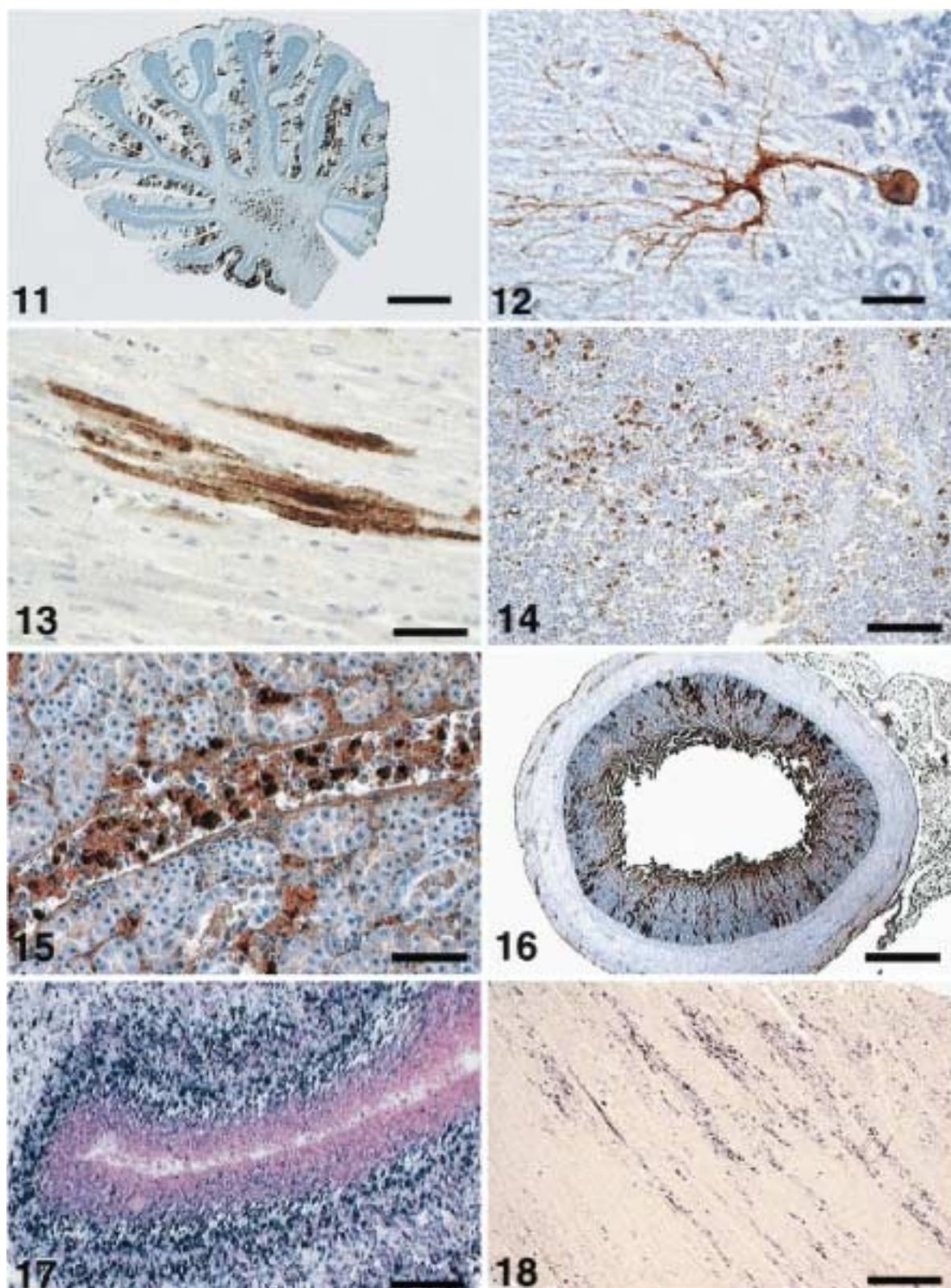


Fig. 17. Cerebellum; suckling mouse, mouse No. 1. Using the WNV E gene probe to detect WN-USAMRIID99, extensive hybridization confirms experimental infection of this mouse. In situ hybridization, NBT-BCIP chromogen, nuclear fast red counterstain. Bar = 100 μ m.

Fig. 18. Heart; Chilean flamingo, bird No. 20. WNV is demonstrated in multiple myocardial foci. In situ hybridization, NBT-BCIP chromogen, nuclear fast red counterstain. Bar = 400 μ m.

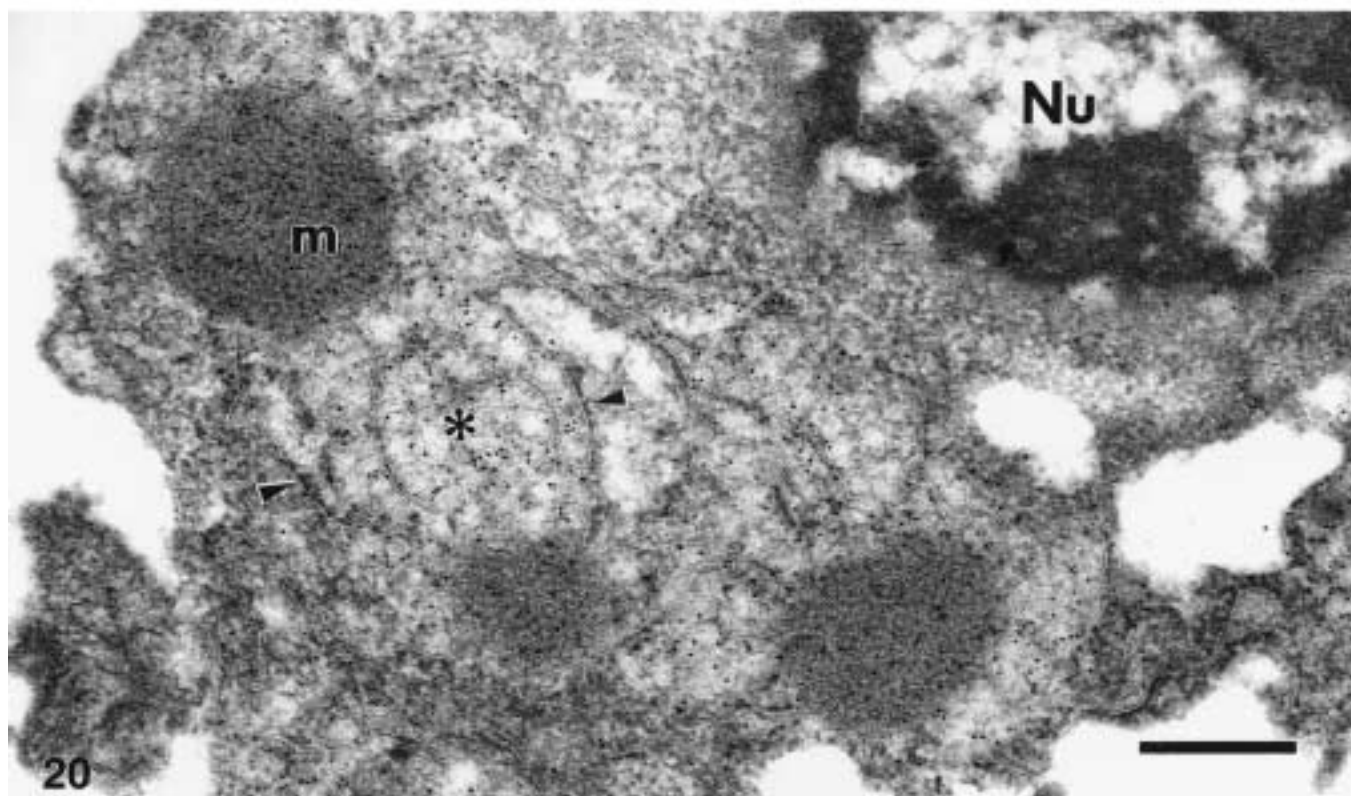
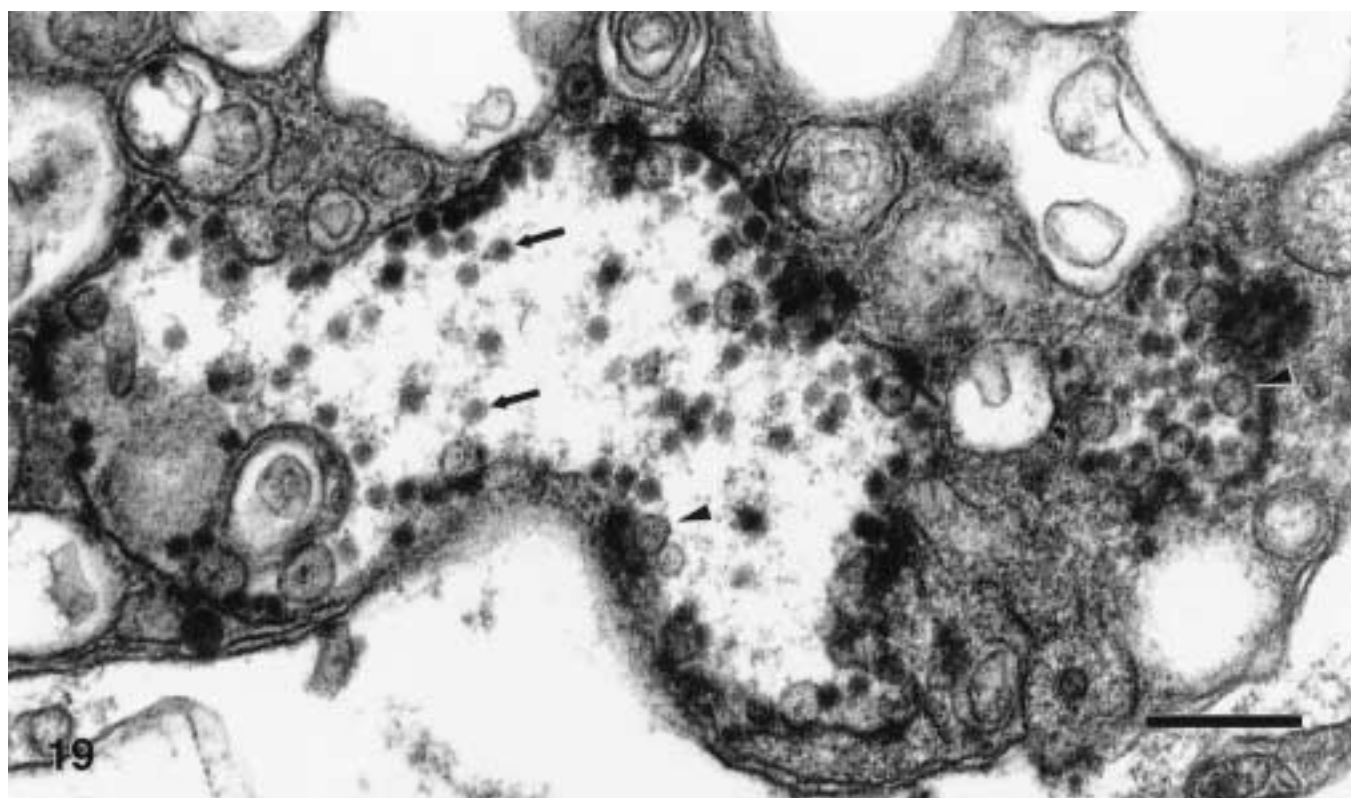


Fig. 19. Ultrathin section of a neuron in the cerebellum of a Chilean flamingo. Vacuoles contain numerous virions (arrows) and characteristic smooth membrane structures (arrowheads). Bar = 250 nm.

Fig. 20. Postembedding immunoelectron microscopy of WNV-infected Vero cell. Gold spheres were strongly associated with dense membrane vesicle structures (m) and convoluted membranes (*), and were occasionally localized with membranes of the endoplasmic reticulum (arrowheads) surrounding these structures. Nu, nucleus. Bar = 370 nm.

necrotizing and contained inflammatory infiltrates ranging from mixed to lymphoplasmacytic. Similar inflammatory changes which were less necrotizing were seen in the liver, kidney, and gastrointestinal tract, as well as peripheral ganglia.

Extensive changes to the heart, pancreas, kidney, adrenal gland, and liver might result in a variety of physiologic alterations possibly leading to recumbency and weakness, the main clinical signs noted in these birds. Ultimately, a combination of neural and extra-neural alterations probably contributed to the demise of many of the birds.

Meningoencephalitis and necrotizing myocarditis, in particular, should alert pathologists to the possible presence of WNV in birds. The differential diagnosis for encephalitis and myocarditis in birds should include eastern equine encephalitis virus. Eastern equine encephalitis was ruled out early in the course of this study by immunostaining tissues from affected birds. Avian influenza and exotic Newcastle's disease should also be considered in the differential diagnosis. The SLE virus, which frequently infects birds, is not expected to cause overt illness.

The targeting of cells of the MPS by WNV may have played a significant pathogenetic role in the affected birds. Replication of the virus within these cells and dissemination throughout the body via mobile MPS cells could be of primary importance in the wide variety of tissues infected. In addition, macrophage dysfunction and infection of connective tissues, as was present in many birds, may have contributed to the hemorrhagic manifestations by triggering mediators of the coagulation system. Although endothelial cell damage cannot be ruled out, we did not observe virus targeting or specific damage of endothelial cells. Virus infection of macrophages may have had other negative consequences as well, such as inducing the elaboration of deleterious inflammatory mediators or disruption of the host immune response.

IHC provided a valuable asset in this study in that many tissues could be efficiently analyzed. In 25 instances where replicate samples of the same tissue were analyzed by IHC, virus isolation (VI) and RT-PCR, virus was demonstrated by all three methods in 17 instances (68 %). Of the eight instances where the three methods did not agree, five represented samples of brain. Since IHC demonstrated that antigen was often localized in particular regions of the brain in specific birds, these apparent discrepancies may be due to different portions of the brain being analyzed by different methods. Differences in the sensitivities of the three methods could also explain these discrepancies. Nonetheless, our results show that IHC is a reliable and efficient means of demonstrating the presence of WNV in formalin-fixed, routinely processed tissues.

A potential weakness of the IHC method we employed is its relative lack of specificity. The rabbit polyclonal antibody we used cross-reacted with other flaviviruses, including significant crossreactivity with SLE virus and weak to mild crossreactivity with three members of the TBE group of flaviviruses. Crossreactivity was not considered a shortcoming in the present study since the purpose of immunostaining was to demonstrate the presence of WNV antigen in tissues, whereas other means were relied upon for specificity. Nonetheless, specificity might be important in other situations, such as when only formalin-fixed, paraffin-embedded tissues are available and methods such as RT-PCR or VI are not feasible. The use of WNV-specific monoclonal antibodies could answer this concern, but we are not aware of any monoclonal antibodies that are reported to detect antigen in formalin-fixed tissues. Our *in situ* hybridization method, however, provided much greater specificity than the IHC method. The pWNV-E probe reacted with the WNV strain responsible for the 1999 outbreak (WN-USAMRIID99), from which it was developed, but did not react with two different strains of SLE virus or any of the TBE viruses. We have yet to test the *in situ* probe with other strains of WNV.

Another potential of IHC which requires further study is the possibility that tissue smears might make a very rapid screening test that could be performed at the time of necropsy. Although we detected antigen-positive cells in a few smears, the numbers are not yet sufficient to adequately determine the usefulness of this approach. Our results indicate, however, that heart, kidney, or spleen would be the best candidates for testing tissue smears. These tissues are easily obtained at necropsy. Also, when we tested replicate samples by tissue section IHC, VI, and RT-PCR, the heart, kidney, and spleen were consistently positive by all three methods.

Should WNV reappear in the United States and possibly spread from the region affected during the 1999 outbreak, veterinary and other medical diagnosticians will be challenged to provide an early, accurate diagnosis. Birds exhibiting unexplained neurologic signs or evidence of meningoencephalitis and myocarditis should be tested for WNV by available means. Caution is urged in handling suspect cases, however, since WNV is a known human pathogen. It is currently listed as a biosafety level 3 agent, and cases of laboratory-acquired infections have been known to occur.¹⁸

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In conducting research using animals, the investigators adhered to the *Guide for the Care and Use of Laboratory Animals* (Committee on Care and Use of Laboratory Animals of the Institute of Laboratory Animal Resources, National Research Council, NIH Publication No. 86-23, revised 1996).

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Request reprints from Dr. Tracey McNamara, Department of Pathology, Wildlife Conservation Society, 2300 Southern Blvd., Bronx, NY 10460 (USA).

West Nile Virus In Horses

Dr. Barry Meade



**United States
Department of
Agriculture**

Marketing and
Regulatory
Programs

Animal and Plant
Health Inspection
Service

Veterinary Services

Kentucky Area Office
P.O. Box 399
Frankfort, KY 40602

Date: October 21, 1999

From: Eastern Regional Early Response Team (ERT)

Subject: Investigation of a Cluster of Equine Neurologic Illness -
Jamesport, NY

SUMMARY

From August 26, through October 8, 1999 a total of 18 cases of equine neurologic illness were diagnosed among horses residing in Suffolk County, New York. The illness was characterized by an acute onset of ataxia with rapidly progressive neuromuscular involvement leading to recumbency. The case mortality rate, including euthanized horses, was 44% (8/18). Based on clinical, serological and histological evidence, these cases are most likely attributable to a viral encephalitis, possibly caused by West Nile Virus.

INTRODUCTION

At the request of Dr. John Huntley, New York State Veterinarian, and under the direction of Dr. Jose Diez, Acting Director VS Eastern Regional Hub, members of the Eastern Regional Early Response Team (ERT) were deployed to investigate a cluster of cases of central nervous system disease among horses on Long Island, New York. The ERT assigned to investigate the illness consisted of Drs. Barry Meade, Area Epidemiology Officer (AEO), KY, Tom Varty, Veterinary Medical Officer (VMO), WI, Arch Wilson, Pathologist, National Veterinary Services Laboratory (NVSL), Todd Johnson, VMO, NY and Lyda Denny, State VMO, NY. Upon arrival in New York, the team was met by a USDA, Animal Plant Health Inspection Service (APHIS) representative from the Office of Legislative and Public Affairs. Following a short meeting to define goals, objectives and procedures, the team met with the equine practitioner from Laurel, NY, who reported the cases to query specific information from the practitioner concerning the diagnosed illness.

BACKGROUND

Since August 26, 1999, the practitioner had examined 18 cases of neurologic disease among horses from 13 separate case premises. The presenting signs varied in severity among the affected animals but consistently had acute onsets with rear limb ataxia. Only one case animal had an elevated temperature (102.8° F) and most continued to eat. Five animals tested positive for Equine Protozoal Myelitis (EPM) using a Western Blot technique; four from cerebral spinal fluid (CSF) samples and one from serum. Two animals had elevated herpes virus-1 (EHV-1) serum neutralization (SN) titers; one with a declining titer on a sample taken 25 days after the first. Treatment included antibiotics, analgesics, steroids, Thiamine and, in some cases, Pyrimethamine/Sulfadiazine (Drarprim), and Baycox. Of the 18 case



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animals, eight (44%) died or were euthanized while the remaining 10 animals were improving with supportive care. Vaccination practices for most owners of affected horses follow a Spring/Fall schedule of Flu, Equine Eastern/Western Encephalitis (EEE/WEE), tetanus, and Rhinopneumonitis (Herpes) and, while most horses on affected premise were not up-to-date on immunizations for EEE/WEE, 9 (50%) case animals had received EEE/WEE within the previous 6 months; two within 75 days of disease onset.

At the time the ERT was on-site, the last reported case had occurred on October 4, 1999 and had been necropsied by a pathologist from the Foreign Animal Disease Diagnostic Laboratory (FADDL) on Plum Island. No other reported cases occurred while the team was on Long Island.

METHODS

Epidemiological Investigation

From October 12-15, 1999 each of the 13 affected premises and one associated premise were visited by members of the ERT and either the owner or manager interviewed to obtain demographic information, symptoms, onset and duration of illness. A survey instrument was used to identify risk factors for equine neurologic disease and included questions related to management practices and exposure to insect and wildlife vectors. A case was defined as a horse with onset of illness since August 1, 1999 who resided on a premise on Long Island, New York accompanied by any one of the following symptoms or signs: fever ($>102.0^{\circ}$ F), lethargy, anorexia, ataxia, staggering, weakness to paralysis of the hind legs, dysphagia, depression, flaccid paralysis of the lower lip, impaired vision, head pressing or acute death.

An active case finding program was implemented and included telephone contacts with practitioners to determine whether other cases of equine neurologic disease had been identified in the area.

Convalescing animals were examined and video tapes/photos made of animals showing clinical signs.

Additionally, contact was made with the Director of the Cornell University Duck Research Laboratory in Eastport, NY to inquire about the health status of the duck populations among the commercial and university flocks on Long Island.

Individual premise investigations were entered into the Field Epidemiology Data System (FEDS) for documentation and transmittal to other involved parties. The survey questionnaire and information abstracted from investigation reports were entered into Epi Info Version 6.1B for further analysis.

Laboratory Investigation

Samples were obtained from ten convalescing animals which resided on the 13 affected premises. In addition, an effort was made to obtain samples from horses which were either commingled or on a premise which was co-owned or managed by an owner of a case animal at the time the animal was showing clinical signs.

A smaller number of other types of animals, including cows, swine, sheep, goats, and chickens were sampled as well as ducks raised at the Cornell University Research Laboratory to determine possible exposure risk to other species as well as to supplement general surveillance

efforts. A chicken from one of the affected premise was necropsied and specimens obtained for culturing/virus isolation.

All diagnostic specimens were obtained in duplicate and sent to both NVSL and the Center for Disease Control and Prevention (CDC) Vectorborne Laboratory in Fort Collins, CO for processing.

For all horses resident on affected premises, a request was made to include serologic testing for Herpes virus-1, Eastern/Western Equine Encephalitis, and EPM at NVSL.

Thirteen samples, ten serum and three CSF, that were collected by the local practitioner prior to the arrival of the ERT, were sent to NVSL and forwarded to CDC for West Nile Virus serology.

Environmental Investigation

Each premise was visually inspected for areas of standing water and wildlife habitat. Photos were taken to document areas of interest.

With the use of a hand held Global Positioning System (GPS) unit, latitude and longitude coordinates were obtained for each affected premise. A commercially available software mapping (Mapitude) package was use to produce maps for analysis.

Contact was made with the Supervising Environmentalist for the Suffolk County Department of Health Services and questions asked concerning surveillance activities and prevention or mitigation practices being carried out in the county.

RESULTS

Epidemiologic Investigation

Case finding

All 18 animals met the case definition for equine neurologic disease (Table 1). The mean age of cases was 15.5 years (range: 3 to 30 years); 44% (8/18) were over 20 years of age (Figure 1). Of the 18 case animals, ten were female, six were geldings and two were male. A total of 10 breeds were represented by case animals.

For area practitioners which were queried by phone, no other current cases were identified. However, a similar case was identified which had been referred to the New Bolton Center (Case No:46482), Kennett Square, PA in June 1998 from the same geographic location and with an identical presentation as the current cases. The animal was euthanized and a post-mortem diagnosis of encephalitis was given as a cause of death; the animal was negative for rabies. This information was provided to VS Emergency Program Staff for follow up.

Epidemic curve

A total of 144 horses reside on the 13 affected premises. The date of onset was available for all 18 case animals. The number of cases appears to be diminishing (Figure 2) with only two new cases occurring since October 17.

For those animals which didn't die acutely, the main presenting signs were ataxia of the rear legs and staggering. Owners noted depression in five animals which was described as attitudinal in nature instead

of somnolence and one animal had a flaccid paralysis of the lower lip. Two animals were anorexic and the ability eat was impaired in two other cases; both were recumbent and one died.

Of the animals which died or were euthanized, the average duration of illness was two days. For those animals who recovered, the average duration of illness was 6.2 days before clinical improvement was noted. For animals that were diagnosed with only ataxia or staggering, they showed improvement within two days. The four animals which became recumbent yet responded to therapy, took an average of 12.5 days to improve. Generally, the more severe the symptoms the longer the convalescent period.

Laboratory Investigation

A total of 79 horses from the 13 affected premises were sampled, including 11 animals which resided on a Thoroughbred farm that is managed by the owner of a case animal. A convenience sample was obtained from 7 chickens, 2 swine, 3 sheep, 1 goats, and 5 cows. In addition, 4 four sets of pooled cloacal swabs were obtained from chickens for culturing and 20 sera from ducks at the Cornell University Duck Research Laboratory were collected for general surveillance purposes.

Nervous tissue, obtained prior to the arrival of the ERT, was obtained from two case horses and submitted for culturing/virus isolation as well as histological examination. Preliminary results suggest a diffuse encephalomyelitis.

The ten serum samples collected by the private practitioner were positive to the West Nile Virus or other related flavivirus on serum neutralization tests. Eight samples had titers greater $\geq 1:320$ and two were positive at 1:160

All other laboratory results are pending.

Environmental Investigation

All premise surveyed shared a similar ecological environment with cases clustered in a 5 mile radius of each other (Map 1). Standing water, either in large pools or in barrel/watering areas, was evident on all affected premise. Dense vegetation, present along the borders of fences and in a few pastures, provides ground cover to a variety of small rodents, groundhogs or raccoons which the owners would see on a regular basis. Few recalled opossums in the area other than as road kill.

The public health environmentalist stated that aerial spraying was being discontinued in Suffolk County but fogging would continue on an as need basis. As with the owners of the case horses, the environmentalist didn't consider the insect burden to be excessive this year. However, his department is unable to estimate vector density based on the number of mosquito traps placed by their department. Interestingly, he stated that a case of human Malaria was diagnosed in the county this summer that could not be attributed to foreign travel.

DISCUSSION

The rapid onset of illness, clinical presentation in older horses and the occurrence of multiple cases on a given premise suggest that EPM,

regardless of positive diagnostic tests, is not the cause of this cluster of equine illness.

While the occurrence of herpes virus-1 infection in a animal that has demonstrated a declining titer in paired sera is suggestive of infection, it is unlikely that herpes virus is the cause of disease in horses stabled on multiple premise with a history of recent immunization among a significant portion of the animals.

Rabies has been ruled out based on negative results of one brain specimen and the occurrence of recovering horses.

The most likely cause of this cluster of illness is a viral encephalitis due to the West Nile or other related flavivirus. The serology specimens sent to NVSL and the tissue samples being processed at both NVSL and FADDL should establish a definite diagnosis.

RECOMMENDATIONS

Reports of equine neurologic cases, regardless of the state of origin, should be investigated by Foreign Animal Disease Diagnosticians (FADD) using the established protocol for FAD investigations. Of particular concern should be states located in close proximity to New York, or those who might be in the path of birds migrating south from the areas where the West Nile Virus has been demonstrated.

Consideration should be given by public health authorities to institute pesticide applications in areas where equine neurologic disease has been diagnosed and an evidence of mosquitoes is demonstrated. Conversely, equine owners should take precautions in areas where positive mosquitoes, birds, or human cases have been identified.

Direct application of insecticides to horses while biting insects are present in the immediate environment may be beneficial. Stabling of animals indoors at night has been shown to decrease the risk for other insect borne disease and should be encouraged.

Surveillance should include planning for placement or monitoring of sentinel animals in the affected area next year. This is of public health importance and VS efforts should be coordinated with local health department officials.

Research efforts should focus on transmission studies, particularly as it relates to the viremic period in horses, and development of a vaccine.

ADDENDUM

Since the October 17, 1999, two additional cases have been examined by the local equine practitioner. A phone consultation with the practitioner indicates that the animals are located in close proximity to the earlier cases in Suffolk County. One animal is recumbent and will be examined by a FADD. The other animal is a 17 year old Quarter Horse gelding with posterior paresis and ataxia. The animal continues to eat and has no fever. Serologic samples were collected from both animals and sent to NVSL for processing.

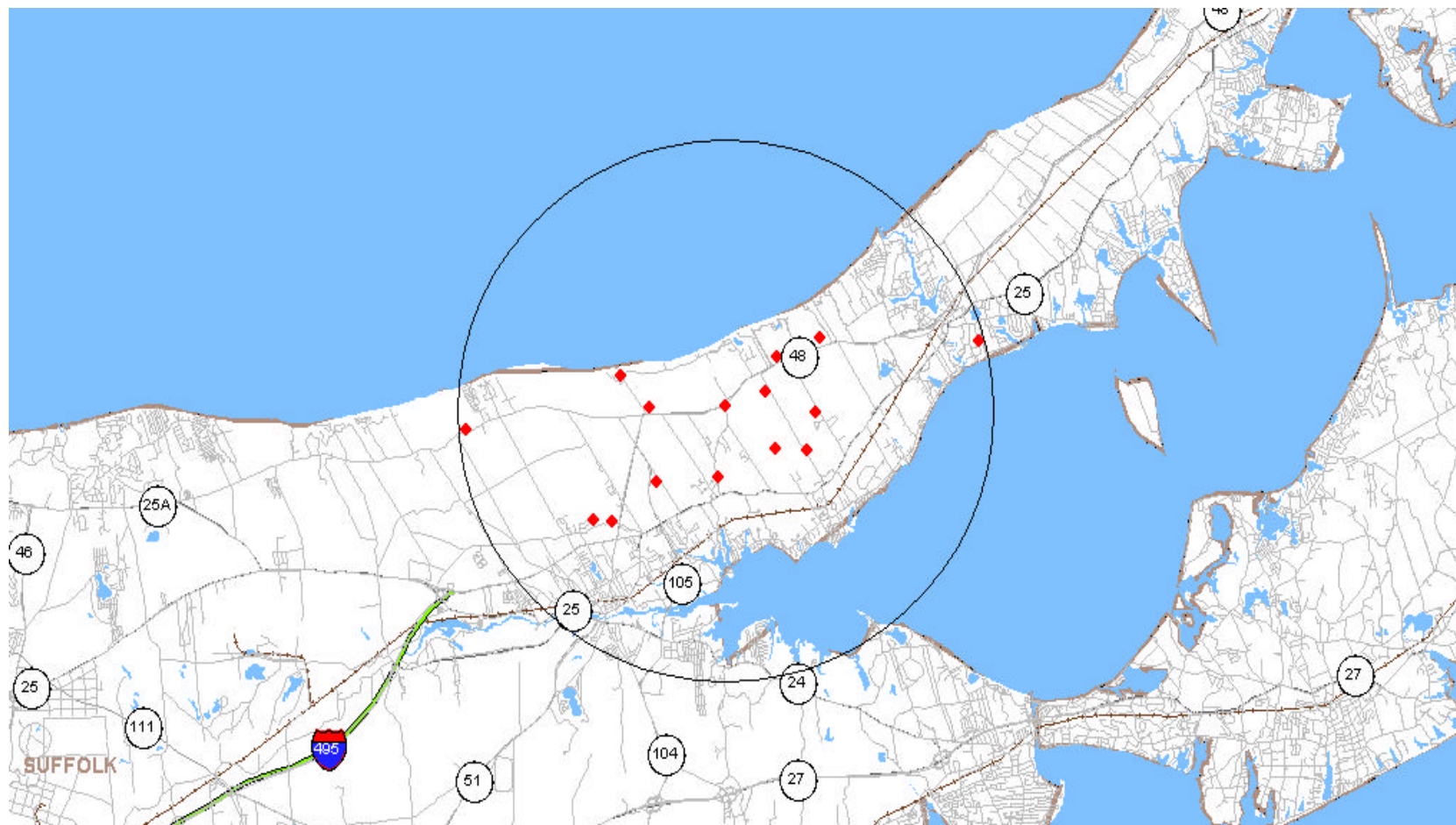
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USDA-APHIS-VS
Frankfort, Kentucky

Table 1. Listing of Case Horses

Animal ID	Date of Onset	Outcome	Date of Recovery or Death	Immunization History	Date Sampled
1	8-26	Improved	9-2	None in 99	10-13
2	8-28	Died	8-28	Unknown	
3	8-29	Died	8-29	None in 99	
4	8-31	Euthanized	8-31	None in 99	
5	9-7	Improved	9-21	Spring 99	10-13
6	9-7	Improved	9-8	Unknown	10-12
7	9-9	Improved	9-9	Unknown	10-12
8	9-12	Improved	10-3	Spring 99	10-12
9	9-12	Improved	9-20	Spring 99	10-12
10	9-12	Died	9-13	7-2-99	
11	9-17	Euthanized	9-20	May/June 99	
12	9-20	Improved	9-22	Unknown	10-12
13	9-24	Euthanized	9-24	None in 99	
14	9-27	Improved	9-29	4-21-99	10-13
15	9-27	Improved		7/99	10-12
16	9-25	Euthanized	10-1	Unknown	
17	10-3	Improved	10-8	Spring 99	10-13
18	10-4	Euthanized	10-8	Spring 99	
*19	10-17				10-12-99
*20	10-18				

* Newly recognized cases

Map 1. Geographic Location of Cases of CNS Disease in Horses - Jamesport, NY, 1999



Includes cases examined after October 17, 1999

Figure 1. Age Distribution of Cases of Equine Neurologic Disease - Jamesport, NY, 1999

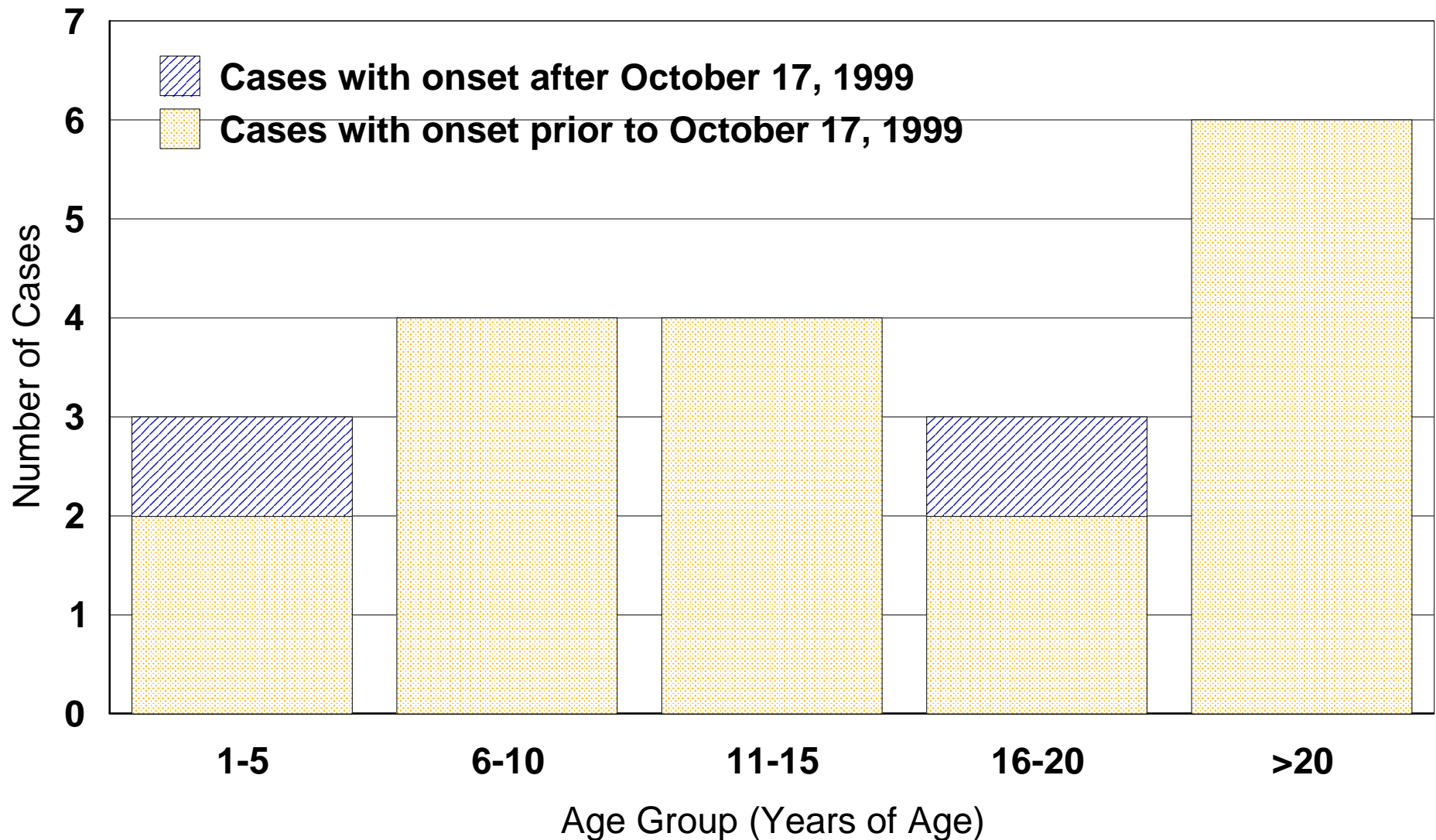
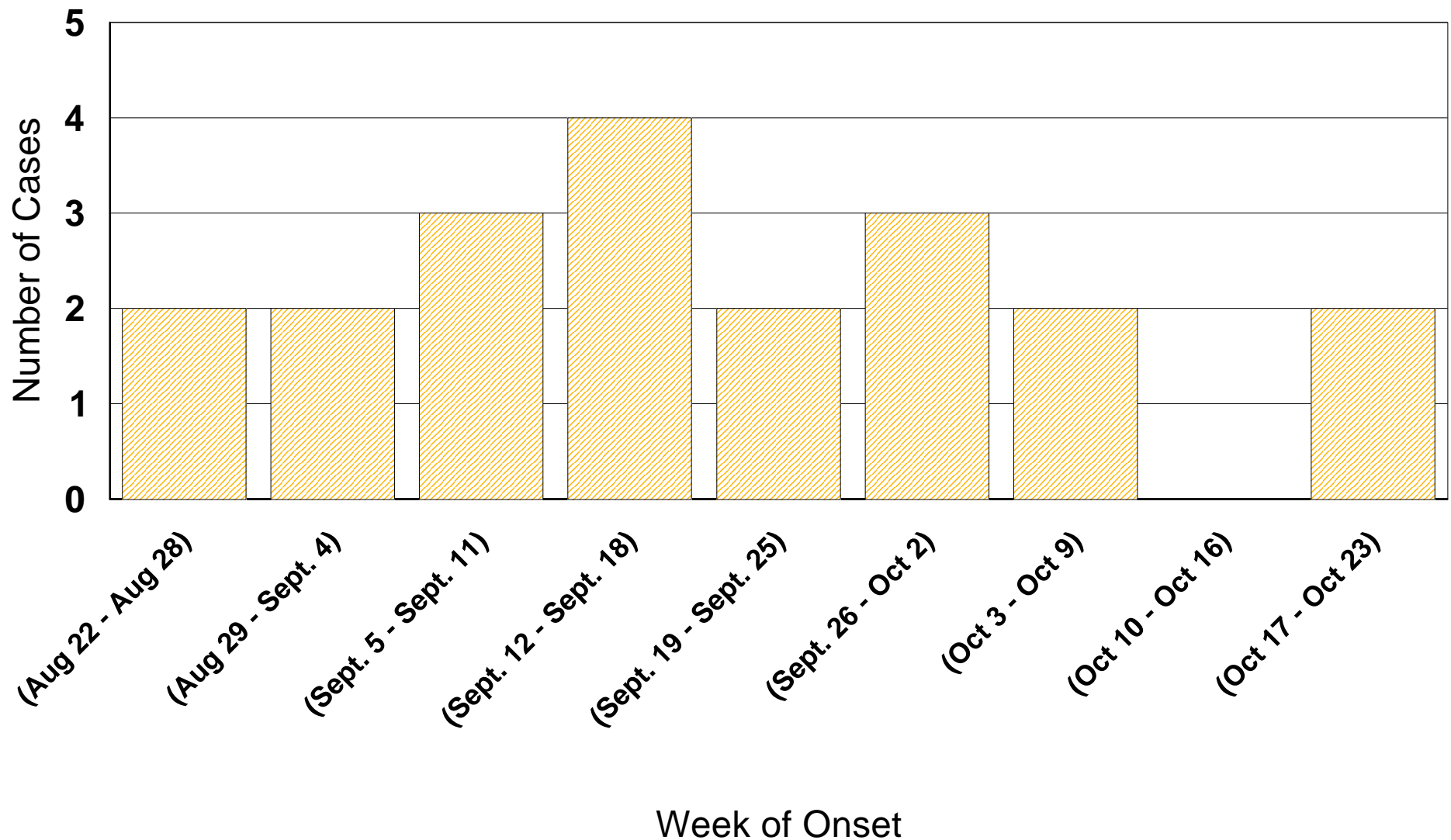


Figure 2. Number of Cases of Neurologic Disease in Horses by Week of Onset - Jamesport, NY 1999



West Nile Virus Equine Investigation Protocol

Dr. Randy Crom

Guidelines for Investigating Suspect West Nile Virus Cases in Equine

USDA-APHIS Veterinary Services

Introduction

In the United States, West Nile virus (WNV) has caused disease and deaths in humans, wild birds, zoo birds, and horses. Wild birds are the reservoir for the virus, which is transmitted by mosquitoes. Limiting exposure to mosquitoes and controlling mosquitoes are fundamental in preventing the disease. The purpose of this document is to guide veterinary practitioners and field personnel in investigating and reporting suspect cases of WNV infection in equine.

Equine Precautions

APHIS Veterinary Services (VS) is concerned about horses and other equine because 25 cases of illness in horses on Long Island, New York, were found to be attributable to WNV in 1999. Nine of those horses died or had to be euthanatized. An additional 36 horses on Long Island were found to have been exposed to WNV and developed antibodies to the virus, but did not develop clinical illness.

To prevent exposure of equine to WNV, it is necessary to prevent their exposure to mosquitoes. No vaccine for WNV is currently available. The most important action to prevent exposure to mosquitoes is source reduction, i.e., the elimination of stagnant water sources where mosquitoes may breed. Insect-proofing stables and other measures that reduce exposure of equine to mosquitoes may be useful in areas where current WNV activity has been documented in mosquitoes, birds, humans, or equine.

Human Precautions

When working with an equine or other mammal showing signs of a central nervous system disorder, always take precautions to avoid exposure to rabies virus. In addition, persons visiting a premises to investigate an unknown disease condition should take measures to prevent exposure to a variety of arthropod-borne zoonotic pathogens. Application of commercially available insect repellants containing DEET to clothing and to exposed parts of the body should be sufficient to protect oneself from mosquitoes carrying WNV.

Equine Surveillance

What should be considered a suspect case of equine WNV infection and how it should be investigated depend on whether or not it occurs in a WNV-affected area.

A WNV-affected area is any county where a WNV infection in an equine has been confirmed in the current calendar year (2000), or any location within 10 miles of a confirmed equine WNV infection. Illness in an equine in a WNV-affected area should be considered a suspect case if at least one of the following signs is present:

- ataxia (including stumbling);
- inability to stand;
- multiple limb paralysis.

A non-WNV-affected area is any county where WNV infection in equine has not been diagnosed in the current calendar year, or any location more than 10 miles from a positive equine case of WNV infection. Illness in an equine in a non-WNV-affected area should be considered a suspect case if at least one of the following signs is present:

- apprehension;
- depression;
- listlessness;

plus any two of these signs:

- head shaking;
- flaccid paralysis of the lower lip;
- ataxia (including stumbling);
- weakness of hind limbs;
- inability to stand;
- limb paralysis;
- paresis;
- acute death.

A suspect equine case in a non-WNV-affected area should be investigated as a foreign animal disease (FAD). The entire United States is currently considered a non-WNV-affected area.

FAD investigations should be completed in accordance with VS Memorandum 580.4. Specimens should be submitted to the National Veterinary Services Laboratories (NVSL) with an FAD investigation number in order to facilitate tracking and timely reporting of diagnostic results. Airway bill numbers for shipments to NVSL in Ames, Iowa, should be provided to VS Emergency Programs at (301) 734-8073.

Report FAD investigations to the Area Office, Regional Office, and Emergency Programs; these FAD investigations generally will be considered Priority 2. If there are questions or concerns, please contact Emergency Programs.

Sample Submission

Samples for submission to NVSL should be shipped by Federal Express to:

Dr. Eileen Ostlund
NVSL
1800 Dayton Road
Ames, IA 50010

Contact NVSL (phone: 515-663-7551, fax: 515-663-7348) to provide an airway bill number, the number of samples, and relevant epidemiological information.

Antemortem Sample Collection

Collect one serum sample (in a 10 ml red-top tube) and one whole blood sample (in a 10 ml EDTA purple-top tube). Send the serum and whole blood to NVSL.

Postmortem Sample Collection

Use appropriate protective gear when collecting and processing postmortem samples (see “Recommendations for Safe Practices for Conducting Necropsies of Suspected WNV Cases” below).

If a suspect equine is to be euthanatized, collect at least one serum sample (in a 10 ml red-top tube) and one whole blood sample (in a 10 ml EDTA purple-top tube) prior to euthanasia. Send the serum and whole blood to NVSL.

When a postmortem on a suspect equine is performed, the following samples should be collected and sent to NVSL or the State public health laboratory, as indicated:

- Fresh brain tissue (for rabies testing) -- send to State public health laboratory.
- Fresh and fixed brain tissue -- send to NVSL.
- Fresh and fixed spinal cord segments (cervical, thoracic, and lumbar) -- send to NVSL.
- Cervical and lumbo-sacral cerebrospinal fluid (CSF) -- send to NVSL.

Samples collected from the postmortem of a suspect equine and submitted to NVSL for WNV testing will be processed only after the animal has tested negative for rabies according to established protocols in a given State. The foreign animal disease diagnostician should notify NVSL of the rabies test results as soon as they are available.

Recommendations for Safe Practices for Conducting Necropsies of Suspected WNV Cases

WNV is a flavivirus transmitted in nature by mosquitoes. Infection of otherwise healthy people causes a mild febrile illness or no symptoms at all. Mortality has been reported in the elderly; immunocompromised individuals also are at a higher risk.

Although no evidence exists of aerosol transmission, precautions should be taken in laboratory and field settings; the main concern is viral contact with open wounds and mucous membranes. Little is known of the infectious dose for humans or the magnitude and duration of the viremia in different animal species.

Recommendations for Field Necropsy of WNV Suspect Animals:

1. Keep the use of needles and sharp instruments to a minimum.
2. Do NOT use mechanical saws to obtain spinal cord samples. For proper procedures, see “Collection of Spinal Cord Segments” below.
3. Procedures that create an aerosol should be done in a way to minimize the dispersal of the aerosol particles.
4. Wear Tyvek disposable coveralls or, at a minimum, a solid-front, water-resistant, long-sleeve gown.
5. Wear three pairs of gloves. The innermost pair should be latex or other disposable gloves. Substantial waterproof gloves (e.g., Playtex kitchen gloves) should be worn over the innermost pair. The gloves should be long enough for the gown sleeves to be tucked inside the gloves; duct tape may be useful for keeping sleeves inside gloves. The outermost pair of gloves should be metal or Kevlar, e.g., a Whizard Hand Guard (steel/Kevlar) glove from Koch (1-800-456-5624) or a locally purchased filleting glove. **THIS OUTER PAIR OF GLOVES MUST BE WORN** throughout the necropsy procedure.
6. Wear a face shield or goggles to protect mucous membranes, and wear a disposable “half mask” HEPA respirator (3M 8293) to avoid aerosol infection.

Collection of Equine Brain Tissue

Diagrams showing the procedure for collecting equine brain tissue are reproduced from *Equine Medicine and Surgery*, 3rd ed., 1982, edited by Mansmann, McAllister, and Pratt (see the last page of these guidelines). Always use appropriate protective gear when collecting and processing samples.

Collection of Spinal Cord Segments

Collect spinal cord in 4-centimeter-long segments from cervical, thoracic, and lumbar sites.

Procedures for Obtaining Cervical Spinal Cord Segments:

1. At the vertebral column where the head has been disarticulated, remove the soft tissue from 4 or 5 cervical vertebrae.
2. Depending on the circumstances, it may be advantageous to disarticulate the cervical vertebral column from the rest of the carcass, allowing the specimen to be placed on an elevated surface for further dissection. Assistance may be needed to hold the specimen on an elevated surface for further dissection. Assistance in holding the

specimen steady, in the form of either a person or a vise, will facilitate the remaining steps.

3. Using a manual bone saw, make transverse cuts through the midportion of each of the first four vertebral bodies. This will produce four isolated segments of cervical vertebral column, each containing an intervertebral joint at its center.
4. Observe the isolated vertebral segments from the cut ends, noting the spinal cord held in place by the spinal nerves, which exit the vertebral canal through the intervertebral foramina. Grasp the dura mater with toothed thumb forceps, apply gentle traction, and snip the spinal nerves with long thin scissors (e.g., Metzenbaums). Perform this procedure at each end of the vertebral segment.
5. For sample submission: divide each cervical spinal cord segment in half; fix one half in formalin and maintain the other half as a fresh sample. Ship the fresh and fixed segments to NVSL.

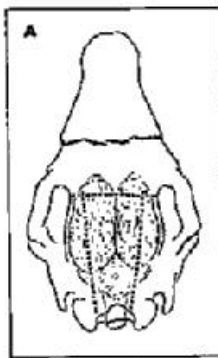
Procedures for Obtaining Thoracic and Lumbar Spinal Cord Segments:

1. Excise and remove the last two ribs.
2. Remove the soft tissue around the thoracic vertebrae that have had the ribs removed. Also remove the soft tissue from around the adjacent lumbar vertebrae.
3. Basically, repeat the steps used for collecting the cervical spinal cord segments by making transverse cuts through the thoracic vertebrae and continuing down through the exposed lumbar vertebrae.
4. Remove the spinal cord segments from the vertebral segments as described for the cervical cord segments.
5. For sample submission: divide each thoracic and lumbar spinal cord segment in half; fix one half in formalin and maintain the other half as a fresh sample. Ship the fresh and fixed segments to NVSL.

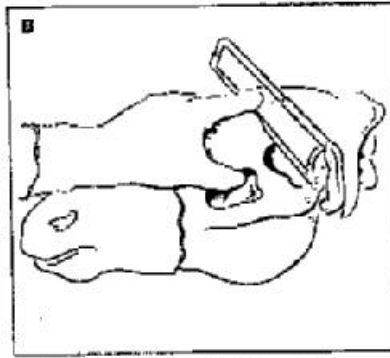
Collection of CSF

A good site to collect CSF is at the atlanto-occipital junction just as one cuts through the ligaments prior to decapitation. Up to 15 ml of CSF can be collected from this site. Collect as much fluid as possible. CSF may also be collected from a sacral tap on postmortem. Identify the CSF as to site of collection and submit to NVSL.

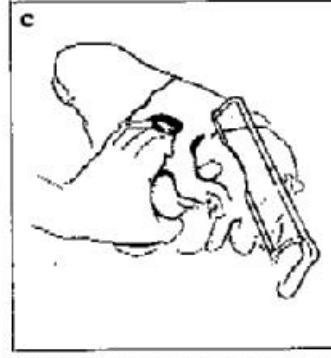
Procedure for Collecting Equine Brain Tissue



A. Dorsal view of skull showing location of brain. Remove major muscle masses from area of incisions (dotted lines).



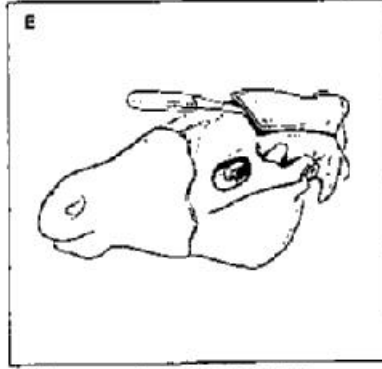
B. Hold head with thumb in eye socket and index finger on saw blade. Cut transversely through frontal bone caudal to supraorbital process.



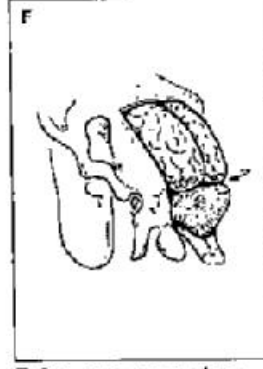
C. Place head on right side. Second cut is sagittal, just medial to left occipital condyle.



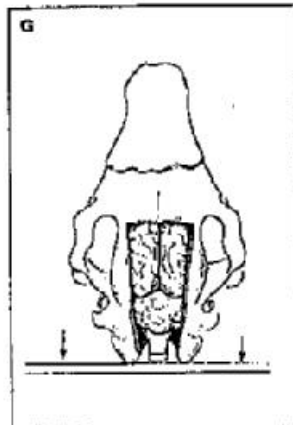
D. Place head on left side for right sagittal cut. Place nose toward you, thumb in eye socket and fingers around mandible.



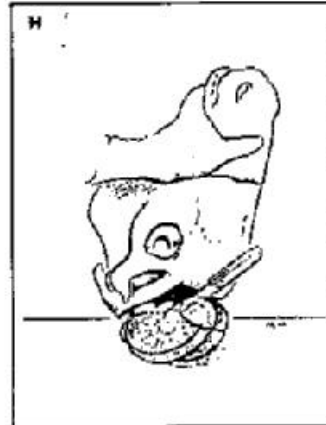
E. Pry up and remove skull cap.



F. Be sure tentorium cerebelli (arrow) and other limiting dura are removed.



G. With head in upright position, tap it lightly on table to loosen brain.



H. Cut olfactory tracts and cranial nerves as brain is removed. Tilt head so that brain rests on table. Section, label and place in formalin.

Fig 8a. Necropsy technic for removal of the brain. [Adapted from Mod Vet Pract 60 (1979) 109]